












HOME ROUTINES


	Morning	Homework	Playtime	Meal Time	Bedtime
<p>Safety</p> 	<ul style="list-style-type: none"> • Be aware as you cross the streets. • 	<ul style="list-style-type: none"> • Find a quiet location to do your homework. • 	<ul style="list-style-type: none"> • Only play games that are safe. Think: Is this game going to hurt someone's feelings or harm someone? • Stay in designated areas • 	<ul style="list-style-type: none"> • Use proper table manners. • Sit nicely. • 	<ul style="list-style-type: none"> • Get a good night sleep so you are refreshed in the morning. • Have a family meeting for what to do in the case of an emergency. •
<p>Control</p> 	<ul style="list-style-type: none"> • Be polite to others. • Use kind words. • 	<ul style="list-style-type: none"> • Stay focused on completing your assignments. • 	<ul style="list-style-type: none"> • Use your words. • If you get upset, take a deep breath. • 	<ul style="list-style-type: none"> • Behave in an appropriate manner at the dinner table. • 	<ul style="list-style-type: none"> • Follow bedtime routines. •
<p>Outreach</p> 	<ul style="list-style-type: none"> • Memorize your address and parent/guardian's phone number. • 	<ul style="list-style-type: none"> • Ask a parent or sibling for help if you are confused about something. • 	<ul style="list-style-type: none"> • If you see inappropriate behavior, tell an adult. • 	<ul style="list-style-type: none"> • Ask if you could help with preparing your dinner or cleaning up afterwards. • Share food with your siblings. • 	<ul style="list-style-type: none"> • Be considerate of others' bedtimes. • Read a bedtime story to a sibling or a parent. •
<p>Respect</p> 	<ul style="list-style-type: none"> • After you eat, clean up. • 	<ul style="list-style-type: none"> • Listen to your parents/guardians about when to complete homework. • 	<ul style="list-style-type: none"> • Share your toys. • Keep your hands to yourself. • Clean up your toys. • 	<ul style="list-style-type: none"> • Wash your hands before coming to the table. • Say please and thank you. • 	<ul style="list-style-type: none"> • Listen to your parents/guardians. •
<p>Effort</p> 	<ul style="list-style-type: none"> • Check that you have everything you need for school – Put your homework in your backpack. • 	<ul style="list-style-type: none"> • Try your best. • Complete your homework when directed. • Stay focused. • 	<ul style="list-style-type: none"> • Share your toys. • 	<ul style="list-style-type: none"> • Eat all of your vegetables. • 	<ul style="list-style-type: none"> • Read a bedtime story. • Adhere to your bedtime routine. •

*The points were left for you to fill in according to your child's schedule.


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