



JANUARY 2020

Manhattan Catholic Schools

Menu subject to change.
Student Lunch- \$3.00
Adult/Guest Lunch- \$3.75
A La Carte Milk- \$0.65

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL!

1

Happy New Year!

NO SCHOOL!

2

NO SCHOOL!

3

Pulled Pork Sandwich
Creamy Coleslaw
Baked Beans
Pineapple Pieces

6

Waffles & Syrup
Sausage Patty
Hard Boiled Egg
Hasbrown
Fresh Banana

7

Ham & Cheese Sandwich
Fresh Broccoli
Whole Grain Chips
Cherry Applesauce

8

Beef Super Nachos
Salsa & Sour Cream
Seasoned Black Beans
Sliced Pears

9

Shrimp Poppers
Breadstick
Crunchy Baby Carrots
Swirled Fruit Cup

10

Yogurt & Granola Lunchable →

SNOW DAY!

13

Ham & Cheese Lunchable →

Classic Cheeseburger
Lettuce & Tomato
Potato Smiles
Red Bell Pepper Strips
Fresh Apple

14

Sweet & Sour Chicken
Brown Fried Rice
Veggie Egg Roll
Celery Sticks
Mandarin Oranges

15

Corndog on a Stick
Cheesy Broccoli
Edamame Pods
Sliced Strawberries

16

SNOW DAY!

17

NO SCHOOL!

20

Hotdog with Bun
Whole Grain Chips
Baked Beans
Fresh Banana

21

Popcorn Chicken Lunchable →

Stuffed Crust Cheese Pizza
Tossed Salad
Red Bell Pepper Strips
Grapes
Whole Grain M&M Cookie

22

Soft Shell Taco
Refried Beans
Tortilla Chips & Salsa
Sliced Pears

23

Cheesy Bosco Stick
Marinara Sauce
Garlic Bread
Steamed Green Beans
Flavored Applesauce

24

• NO LUNCHABLE •

Macaroni & Cheese
Lil' Smokies
Fresh Broccoli
Whole Grain Roll
Grapes

27

Pizza Lunchable →

Chicken Crispito
Nacho Cheese
Seasoned Black Beans
Tortilla Chips & Salsa
Orange Wedges

28

Breaded Chicken Sandwich
Lettuce & Tomato Slices
Ranch Potato Wedges
Sliced Peaches

29

Popcorn Chicken
Soft Pretzel & Cheese
Celery Sticks
Fruit Cocktail

30

Toasty Cheese Sandwich
Tomato Soup
Crunchy Baby Carrots
Sliced Strawberries
Rice Krispie Treat

31

Fresh salad bar and low-fat milk offered daily!

Please notify the office by 8:30 am if you plan on eating lunch with your student.

This institution is an equal opportunity provider.