



BREAKFAST

OCTOBER 2020

Manhattan Catholic Schools

Menu subject to change.
A La Carte Milk- \$0.65

Monday

Tuesday

Wednesday

Thursday

Friday

Mini Waffles
Assorted Fruit
100% Juice
Milk

5

Whole Grain Muffin
String Cheese
Assorted Fruit
100% Juice
Milk

6

Whole Grain Mini Loaf
Assorted Fruit
100% Juice
Milk

7

Whole Grain Poptart
Yogurt Cup
Assorted Fruit
100% Juice
Milk

1

Whole Grain Cereal
Assorted Fruit
100% Juice
Milk

2

Mini Pancakes
Assorted Fruit
100% Juice
Milk

12

Whole Grain Muffin
String Cheese
Assorted Fruit
100% Juice
Milk

13

Whole Grain Mini Donuts
Assorted Fruit
100% Juice
Milk

14

Granola Bar
Yogurt Cup
Assorted Fruit
100% Juice
Milk

15

NO SCHOOL!

16

Mini Waffles
Assorted Fruit
100% Juice
Milk

19

Whole Grain Muffin
String Cheese
Assorted Fruit
100% Juice
Milk

20

Benefit Bar
Assorted Fruit
100% Juice
Milk

21

Whole Grain Poptart
Yogurt Cup
Assorted Fruit
100% Juice
Milk

22

NO SCHOOL!

23

NO SCHOOL!

26

Whole Grain Muffin
String Cheese
Assorted Fruit
100% Juice
Milk

27

Whole Grain Mini Loaf
Assorted Fruit
100% Juice
Milk

28

Nutrigrain Bar
Yogurt Cup
Assorted Fruit
100% Juice
Milk

29

Whole Grain Cereal
Assorted Fruit
100% Juice
Milk

30



A student breakfast must contain a fruit serving and two other components to qualify as reimbursable.
Grab-and-go style breakfast will be offered in both elementary and junior high buildings (weather permitting).
This institution is an equal opportunity provider.