



OCTOBER 2020

Manhattan Catholic Schools

Menu subject to change.
A La Carte Milk- \$0.65

Monday

Tuesday

Wednesday

Thursday

Friday

Corndog on a Stick
Ketchup & Mustard
Cheesy Broccoli
Whole Grain Chips
Sliced Peaches

5

Yogurt & Granola Lunchable →

Fiestada Pizza
Seasoned Black Beans
Steamed Corn
Cherry Applesauce

6

Classic Hamburger on Bun
Cheese, Lettuce, Tomato
Tator Tots
Fresh Grapes

7

Stuffed Crust Pepperoni Pizza
Garlic Breadstick
Red Bell Pepper Strips
Tossed Salad
Orange Wedges

8

Toasty Cheese Sandwich
Tomato Soup
Baby Carrots
Sliced Pears
Whole Grain Cookie

9

Mac & Cheese
Lil' Smokies
Whole Grain Roll & Jelly
Green Beans
Fruit Cocktail

12

Popcorn Chicken Lunchable →

Soft Shell Beef Taco
Refried Beans
Tortilla Chips & Salsa
Mandarin Oranges

13

Chicken Strip Tortilla Wrap
Cheese, Lettuce, Tomato
Whole Grain Chips
Ranch Potato Wedges
Fresh Apple Slices

14

Homemade Chili
Cinnamon Roll
Fritos
Baby Carrots
Sliced Peaches

15

NO SCHOOL! 16

Deli Sandwiches on
Wheat Bread
Potato Smiles
Sliced Pears
Rice Krispie Treat

19

Ham & Cheese Lunchable →

Pig in a Blanket
Cheesy Broccoli
Celery Sticks
Frozen Fruit Cup

20

Popcorn Chicken
Soft Pretzel & Cheese
Red Bell Pepper Strips
Fresh Banana

21

Beef Super Nachos
Salsa & Nacho Cheese
Seasoned Black Beans
Fresh Grapes

22

NO SCHOOL! 23

NO SCHOOL! 26

Pizza Lunchable →

Mini Corn Dogs
Sweet Potato Fries
Fresh Broccoli
Flavored Applesauce

27

Chicken Nuggets with
Sweet & Sour Sauce
Brown Fried Rice
Celery Sticks
Fresh Banana

28

Pulled Pork Sandwich
BBQ Sauce
Baked Beans
Steamed Corn
Pineapple Pieces

29

French Toast Sticks
Hard Boiled Egg
Yogurt Cup
Tator Tots
Orange Wedges

30

Fresh veggies and low-fat milk offered daily!
No guest lunch visitors at this time.
This institution is an equal opportunity provider.

