



# BREAKFAST

# SEPTEMBER 2020

## Manhattan Catholic Schools

Menu subject to change.  
 Student Breakfast- \$1.70  
 Reduced Breakfast- \$0.30  
 A La Carte Milk- \$0.65

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk

1

Whole Grain Mini Donuts  
 Assorted Fruit  
 100% Juice  
 Milk

2

Granola Bar  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk

3

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk

4

NO SCHOOL!

7

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk

8

Benefit Bar  
 Assorted Fruit  
 100% Juice  
 Milk

9

Whole Grain Poptart  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk

10

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk

11

Mini Pancakes  
 Assorted Fruit  
 100% Juice  
 Milk

14

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk

15

Whole Grain Mini Loaf  
 Assorted Fruit  
 100% Juice  
 Milk

16

Nutrigrain Bar  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk

17

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk

18

Mini Waffles  
 Assorted Fruit  
 100% Juice  
 Milk

21

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk

22

Whole Grain Mini Donuts  
 Assorted Fruit  
 100% Juice  
 Milk

23

Granola Bar  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk

24

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk

25

Mini Pancakes  
 Assorted Fruit  
 100% Juice  
 Milk

28

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk

29

Benefit Bar  
 Assorted Fruit  
 100% Juice  
 Milk

30

A student breakfast must contain a fruit serving and two other components to qualify as reimbursable.  
 Grab-and-go style breakfast will be offered in both elementary and junior high buildings.  
 This institution is an equal opportunity provider.