



BREAKFAST

AUGUST 2019

Manhattan Catholic Schools

Menu subject to change.
 Student Breakfast- \$1.70
 Extra Milk- \$0.65

Monday

Tuesday

Wednesday

Thursday

Friday

5

Assorted fresh fruit, 100% juice, or canned fruit and low-fat milk served with each breakfast.

6

7

1

2

12

13

½ Day- NO BREAKFAST

14

HAPPY FIRST DAY OF SCHOOL!

8

Whole Grain Nutrigrain Bar Yogurt

15

9

Whole Grain Cereal

16

Whole Grain Mini Pancakes

19

Whole Grain Muffin String Cheese

20

Whole Grain Donettes

21

Cinnamon Roll Yogurt

22

Whole Grain Cereal

23

Whole Grain Mini Waffles

26

Whole Grain Muffin String Cheese

27

Whole Grain Pancake/ Sausage on a Stick

28

Whole Grain Breakfast Bar Yogurt

29

Whole Grain Cereal

30

A student breakfast must contain a fruit and two other components to qualify as reimbursable.
 This institution is an equal opportunity provider.

