



# BREAKFAST

# NOVEMBER 2019

## Manhattan Catholic Schools

Menu subject to change.  
 Student Breakfast- \$1.70  
 A La Carte Milk- \$0.65

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Whole Grain Mini Pancakes  
 Assorted Fruit  
 100% Juice  
 Milk **4**

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk **5**

Warm Frudel  
 Assorted Fruit  
 100% Juice  
 Milk **6**

Whole Grain Cinnamon Bun  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk **7**

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk **1**

**NO SCHOOL!** **8**

Whole Grain Mini Waffles  
 Assorted Fruit  
 100% Juice  
 Milk **11**

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk **12**

Whole Grain Mini Donuts  
 Assorted Fruit  
 100% Juice  
 Milk **13**

Benefit Bar  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk **14**

**NO SCHOOL!** **15**

Whole Grain Mini French Toast  
 Assorted Fruit  
 100% Juice  
 Milk **18**

Whole Grain Muffin  
 String Cheese  
 Assorted Fruit  
 100% Juice  
 Milk **19**

Whole Grain Pancake/  
 Sausage on a Stick  
 Assorted Fruit  
 100% Juice  
 Milk **20**

Nutrigrain Bar  
 Yogurt Cup  
 Assorted Fruit  
 100% Juice  
 Milk **21**

Whole Grain Cereal  
 Assorted Fruit  
 100% Juice  
 Milk **22**

**NO SCHOOL!** **25**

**NO SCHOOL!** **26**

**NO SCHOOL!** **27**

**NO SCHOOL!** **28**

**NO SCHOOL!** **29**

A student breakfast must contain a fruit serving and two other components to qualify as reimbursable.  
 This institution is an equal opportunity provider.

