



BREAKFAST

SEPTEMBER 2019

Manhattan Catholic Schools

Menu subject to change.
Student Breakfast- \$1.70
Extra Milk- \$0.65

Monday

Labor Day- NO SCHOOL 2

ENJOY YOUR DAY OFF!

Mini French Toast 9
Fruit
100% Juice
Milk

Whole Grain Mini Pancakes 16
Fruit
100% Juice
Milk

Whole Grain Mini Waffles 23
Fruit
100% Juice
Milk

Mini French Toast 30
Fruit
100% Juice
Milk

Tuesday

Whole Grain Muffin 3
String Cheese
Fruit
100% Juice
Milk

Whole Grain Muffin 10
String Cheese
Fruit
100% Juice
Milk

Whole Grain Muffin 17
String Cheese
Fruit
100% Juice
Milk

Whole Grain Muffin 24
String Cheese
Fruit
100% Juice
Milk

Wednesday

Pumpkin Bread 4
Fruit
100% Juice
Milk

Whole Grain Frudel 11
Fruit
100% Juice
Milk

Whole Grain Donettes 18
Fruit
100% Juice
Milk

Whole Grain Pancake/
Sausage on a Stick 25
Fruit
100% Juice
Milk

Thursday 5

Whole Grain Poptart 5
Yogurt
Fruit
100% Juice
Milk

Whole Grain Nutrigrain Bar 12
Yogurt
Fruit
100% Juice
Milk

Whole Grain Cinnamon Bun 19
Yogurt
Fruit
100% Juice
Milk

Whole Grain Breakfast Bar 26
Yogurt
Fruit
100% Juice
Milk

Friday

Whole Grain Cereal 6
Fruit
100% Juice
Milk

Whole Grain Cereal 13
Fruit
100% Juice
Milk

Whole Grain Cereal 20
Fruit
100% Juice
Milk

NO SCHOOL! 27

ENJOY YOUR DAY OFF!

A student breakfast must contain a fruit serving and two other components to qualify as reimbursable.
This institution is an equal opportunity provider.

