

December 2019

Salisbury Central School

Lunch

Cafeteria Prices Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$3.00 Reduced Price Lunch: \$0.40 Milk: \$0.50 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

- Chicken Tenders with Whole Wheat Dinner Roll
 - Mashed Potato
 - Steamed Carrots
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

3

- Beef Nacho Grande w/ Cheese
 - Lettuce, Tomato & Salsa
 - Refried Beans
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

4

- 12:10 Dismissal
- Ham & Cheese Sandwich or Sunbutter and Jelly Sandwich
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Unflavored Milk
- Alternate Meal Choices
Specialty Sandwich
Ham & Cheese Sandwich
Yogurt Plate
Salad Bar

5

- Chicken Teriyaki Nuggets
 - Steamed Rice
 - Roasted Vegetables
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

6

- Wild Mike's Cheese or Peperoni Pizza
 - Spinach Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

9

- Swedish Meatballs w/ gravy
 - Seasoned Egg Noodles
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

10

- Beef Taco
 - Lettuce, Tomato & Salsa
 - Shredded Cheese
 - Steamed Rice w/ Black Beans
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

11

- Chicken Tenders with Whole Wheat Dinner Roll
 - Mashed Potato
 - Steamed Carrots
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Ham & Cheese Sandwich
Yogurt Plate
Salad Bar

12

- Macaroni & Cheese
 - Roasted Vegetables
 - Dinner Roll
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

13

- Bosco Sticks with Marinara Sauce
 - Romaine Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

16

- Chicken Patty on a Whole Wheat Roll
 - Potato Wedges
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Unflavored Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

17

- Beef Nacho Grande w/ Cheese
 - Lettuce, Tomato & Salsa
 - Refried Beans
 - Steamed Corn
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

18

- WW Spaghetti with Meat Sauce
 - Garlic Knot
 - Garden Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Ham & Cheese Sandwich
Yogurt Plate
Salad Bar

19

- Popcorn Chicken Bowl with Mashed Potato
 - Gravy
 - Whole Kernel Corn
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

20

- Bosco Sticks with Marinara Sauce
 - Spinach Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

23

No School - Holiday Recess

24

No School - Holiday Recess

25

No School - Holiday Recess

26

No School - Holiday Recess

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No School - Holiday Recess

30

No School - Holiday Recess

31

No School - Holiday Recess