

August 2019

Salisbury Central School Breakfast

Cafeteria Prices Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$3.00 Reduced Price Lunch: \$0.40 Milk: \$0.50 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No School	2 No School
5 No School	6 No School	7 No School	8 No School	9 No School
12 No School	13 No School	14 No School	15 No School	16 No School
19 No School	20 No School	21 No School	22 No School	23 No School
26 <ul style="list-style-type: none"> • Cereal • Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk 	27 Banana Breakfast Bread or <ul style="list-style-type: none"> • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk 	28 <ul style="list-style-type: none"> • Whole Grain Buttermilk Biscuit w/ Butter Cup Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk 	29 Mini Waffle Bites Or <ul style="list-style-type: none"> • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk 	30 No School - Professional Development Day

More Details: region1schools.nutrislice.com/menu/salisbury-central-school/breakfast/
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Breakfast

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School - Labor Day	3 • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	4 Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	5 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	6 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
9 • Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	10 Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	11 • Whole Grain Buttermilk Biscuit w/ Butter Cup Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	12 Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	13 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
16 • Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	17 • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	18 Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	19 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	20 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
23 • Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	24 Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	25 • Whole Grain Buttermilk Biscuit w/ Butter Cup Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	26 Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	27 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
30 • Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk				

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