

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Wild Mike's Cheese or Peperoni Pizza
 - Spinach Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

4

- Swedish Meatballs w/ gravy
 - Seasoned Egg Noodles
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

5

- Beef Taco
 - Lettuce, Tomato & Salsa
 - Shredded Cheese
 - Steamed Rice w/ Black Beans
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

6

- 12:10 Dismissal
- Ham & Cheese Sandwich or Sunbutter and Jelly Sandwich
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices

7

- Macaroni & Cheese
 - Roasted Vegetables
 - Dinner Roll
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

8

- Bosco Sticks with Marinara Sauce
 - Romaine Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

11

- No School - Veterans Day
Alternate Meal Choices

12

- Beef Nacho Grande w/ Cheese
 - Lettuce, Tomato & Salsa
 - Refried Beans
 - Steamed Corn
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

13

- WW Spaghetti with Meat Sauce
 - Whole Grain Bread Stick
 - Garden Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Ham & Cheese Sandwich
Yogurt Plate
Salad Bar

14

- Popcorn Chicken Bowl with Mashed Potato
 - Gravy
 - Whole Kernel Corn
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

15

- Bosco Sticks with Marinara Sauce
 - Spinach Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

18

- Corn Dog Nuggets
 - Baked Beans
 - Oven Fries
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

19

- French Toast with Syrup
 - Sausage Links
 - Hash Brown Potato
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

20

- Chicken & Cheese Quesadilla
 - Peppers & Onions
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Ham & Cheese Sandwich
Yogurt Plate
Salad Bar

21

- Hamburger on a Bun or Cheeseburger on a Bun
 - Lettuce & Tomato
 - Potato Wedges
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

22

- Wild Mike's Cheese or Peperoni Pizza
 - Garden Salad
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Vegetable Sandwich
Yogurt Plate
Salad Bar

25

- Macaroni & Cheese w/ Popcorn Chicken
 - Roasted Vegetables
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Tuna Sandwich
Yogurt Plate
Salad Bar

26

- Beef Taco
 - Shredded Cheese
 - Lettuce, Tomato & Salsa
 - Mexican Rice
 - Steamed Corn
 - Assorted Veggie Cups
 - Assorted Fruit Cups
 - 1% Low Fat Milk
 - Fat Free Milk
 - Fat Free Chocolate Milk
- Alternate Meal Choices
Specialty Sandwich
Turkey & Cheese Sandwich
Yogurt Plate
Salad Bar

27

- No School - Thanksgiving Break
Alternate Meal Choices

28

- No School - Thanksgiving Break
Alternate Meal Choices

29

- No School - Thanksgiving Break
Alternate Meal Choices