

# January 2020

Salisbury Central School

Breakfast

**Cafeteria Prices** Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$3.00 Reduced Price Lunch: \$0.40 Milk: \$0.50 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> No School - Holiday Recess	<b>2</b> No School - Holiday Recess	<b>3</b> No School - Holiday Recess
<b>6</b> Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>7</b> • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>8</b> Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>9</b> Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>10</b> Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
<b>13</b> Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>14</b> Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>15</b> Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>16</b> Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	<b>17</b> Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
<b>20</b> MLK Holiday - No School	<b>21</b> • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>22</b> Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>23</b> Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>24</b> Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
<b>27</b> Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>28</b> Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>29</b> Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	<b>30</b> Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	<b>31</b> Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk

More Details: [region1schools.nutrislice.com/menu/salisbury-central-school/breakfast/](http://region1schools.nutrislice.com/menu/salisbury-central-school/breakfast/)  
 Layout, design & code & copy; Nutrislice, Inc. Private and non-commercial uses permitted.  
 This institution is an equal opportunity provider.