

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Wild Mike's Cheese or Peperoni Pizza • Spinach Salad • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Vegetable Sandwich Yogurt Plate Salad Bar
4 Swedish Meatballs w/ gravy • Egg Noodles • Steamed Peas • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Tuna Sandwich Yogurt Plate Salad Bar	5 • Beef Taco Lettuce & Tomato • Shredded Cheese • Salsa • Steamed Corn • Steamed Rice w/ Black Beans • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	6 • Chicken Tenders with Whole Wheat Dinner Roll • Mashed Potato • Steamed Carrots • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Ham & Cheese Sandwich Yogurt Plate Salad Bar	7 • Macaroni & Cheese Mixed Vegetables • Dinner Roll • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	8 • Bosco Sticks with Marinara Sauce • Romaine Salad • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Vegetable Sandwich Yogurt Plate Salad Bar
11 • Chicken Patty on a Whole Wheat Roll • Potato Wedges • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Tuna Sandwich Yogurt Plate Salad Bar	12 • Nacho Grande with Beef • Cheese Lettuce Tomato • Refried Beans • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	13 • WW Spaghetti with Meat Sauce • Whole Wheat Bread Stick • Garden Salad • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Ham & Cheese Sandwich Yogurt Plate Salad Bar	14 • Popcorn Chicken Bowl • Mashed Potato • Gravy • Whole Kernel Corn • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	15 No School Alternate Meal
18 • Mini Turkey Corn Dogs • Baked Beans • Oven Fries • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Tuna Sandwich Yogurt Plate Salad Bar	19 • French Toast with Syrup • Sausage links • Hash Browns • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	20 • Chicken & Cheese Quesadilla on 2 WW Wrap • Peppers & Onions • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Ham & Cheese Sandwich Yogurt Plate Salad Bar	21 • Hamburger or Cheeseburger on a Whole Wheat Roll with Lettuce & Tomato • Potato Wedges • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	22 Wild Mike's Cheese or Peperoni Pizza • Garden Salad • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Vegetable Sandwich Yogurt Plate Salad Bar
25 • Macaroni and Cheese with Popcorn Chicken Mix Vegetable • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Tuna Sandwich Yogurt Plate Salad Bar	26 • Beef Taco Shredded Cheese, Lettuce, Tomato & Salsa • Mexican Rice • Steamed Corn • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate	27 12:10 Dismissal Ham & Cheese Sandwich or Sunbutter & Jelly Sandwich • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal	28 • BBQ Rib Sandwich • Sweet Potato Oven Fries • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Chocolate Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Turkey & Cheese Sandwich Yogurt Plate Salad Bar	29 • Bosco Sticks with Marinara Sauce • Romaine Salad • Assorted Veggie Cups • Assorted Fruit Cups • 1% Low Fat Milk • Fat Free Unflavored Milk Alternate Meal Specialty Sandwich Vegetable Sandwich Yogurt Plate Salad Bar