

February 2020

Salisbury Central School Breakfast

Cafeteria Prices Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$3.00 Reduced Price Lunch: \$0.40 Milk: \$0.50 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 3 Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 4 • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 5 Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 6 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 7 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk |
| 10 Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 11 Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 12 Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 13 Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk | 14 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk |
| 17 Winter Break - No School | 18 Winter Break - No School | 19 Mini Maple Pancakes Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 20 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 21 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk |
| 24 Breakfast Burrito • or Cereal Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 25 Banana Breakfast Bread or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 26 Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk | 27 Mini Waffle Bites Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk | 28 Mini French Toast Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk |

More Details: region1schools.nutrislice.com/menu/salisbury-central-school/breakfast/

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