

November 2018

Cafeteria Prices Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$2.85 Reduced Price Lunch: \$0.40 Milk: \$0.35 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

Salisbury Central School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	2 Bagel w/ low fat Cream Cheese Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
5 • Cereal • Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	6 • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	7 Whole Wheat Buttermilk Biscuit w/butter cup Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	8 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	9 Bagel w/ low fat Cream Cheese Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
12 • Cereal • Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	13 Freshly Baked Banana Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	14 Freshly Baked Ultimate Breakfast Round Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	15 Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	16 Bagel w/ low fat Cream Cheese Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
19 • Cereal • Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	20 • Cinnamon Bun Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	21 Whole Wheat Buttermilk Biscuit w/butter cup Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	22 Pumpkin Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	23 Bagel w/ low fat Cream Cheese Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk
26 • Cereal • Fruit Yogurt • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	27 Freshly Baked Banana Muffin Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	28 Freshly Baked Ultimate Breakfast Round Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk	29 Apple Cinnamon Muffin Or • Cereal • Assorted Fruit • 1% Low Fat Milk • 100% Fruit Juice • Fat Free Unflavored Milk	30 Bagel w/ low fat Cream Cheese Or • Cereal • Assorted Fruit • 100% Fruit Juice • 1% Low Fat Milk • Fat Free Unflavored Milk