

# August September 2018

**Cafeteria Prices** Full Price Breakfast: \$1.75 Reduced Price Breakfast: \$0.30 Full Price Lunch: \$2.85 Reduced Price Lunch: \$0.40 Milk: \$0.35 Fruit or Vegetable Only: \$0.75 Snacks/ Ice Cream: \$0.75 Adults Full Breakfast: \$2.20 Adults Breakfast Side: \$0.75 Adults Full Lunch: \$4.00 Adults Sandwich Only: \$3.25 Adults Salad Only: \$3.25 Adults Fruit or Vegetable Only: \$0.75 Adults Milk: \$0.35 Adults Snacks/ Ice Cream: \$0.75

## Salisbury Central School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> <ul style="list-style-type: none"> <li>• Cereal</li> <li>• Fruit Yogurt</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>• Cinnamon Bun</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>29</b> <ul style="list-style-type: none"> <li>• Whole Wheat Buttermilk Biscuit w/butter cup</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>30</b> <ul style="list-style-type: none"> <li>• Pumpkin Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>31</b> <ul style="list-style-type: none"> <li>• No School</li> </ul>
<b>3</b> <ul style="list-style-type: none"> <li>• No School</li> </ul>	<b>4</b> <ul style="list-style-type: none"> <li>• Freshly Baked Banana Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>5</b> <ul style="list-style-type: none"> <li>• Freshly Baked Ultimate Breakfast Round</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>6</b> <ul style="list-style-type: none"> <li>• Apple Cinnamon Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 1% Low Fat Milk</li> <li>• 100% Fruit Juice</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>7</b> <ul style="list-style-type: none"> <li>• Bagel w/ low fat Cream Cheese</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>
<b>10</b> <ul style="list-style-type: none"> <li>• No School</li> </ul>	<b>11</b> <ul style="list-style-type: none"> <li>• Cinnamon Bun</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>12</b> <ul style="list-style-type: none"> <li>• Whole Wheat Buttermilk Biscuit w/butter cup</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>13</b> <ul style="list-style-type: none"> <li>• Pumpkin Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>14</b> <ul style="list-style-type: none"> <li>• Bagel w/ low fat Cream Cheese</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>
<b>17</b> <ul style="list-style-type: none"> <li>• Cereal</li> <li>• Fruit Yogurt</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>18</b> <ul style="list-style-type: none"> <li>• Freshly Baked Banana Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>19</b> <ul style="list-style-type: none"> <li>• No School</li> </ul>	<b>20</b> <ul style="list-style-type: none"> <li>• Apple Cinnamon Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 1% Low Fat Milk</li> <li>• 100% Fruit Juice</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>21</b> <ul style="list-style-type: none"> <li>• Bagel w/ low fat Cream Cheese</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>
<b>24</b> <ul style="list-style-type: none"> <li>• Cereal</li> <li>• Fruit Yogurt</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>25</b> <ul style="list-style-type: none"> <li>• Cinnamon Bun</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>26</b> <ul style="list-style-type: none"> <li>• Whole Wheat Buttermilk Biscuit w/butter cup</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>27</b> <ul style="list-style-type: none"> <li>• Pumpkin Muffin</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>	<b>28</b> <ul style="list-style-type: none"> <li>• Bagel w/ low fat Cream Cheese</li> <li>• Or</li> <li>• Cereal</li> <li>• Assorted Fruit</li> <li>• 100% Fruit Juice</li> <li>• 1% Low Fat Milk</li> <li>• Fat Free Unflavored Milk</li> </ul>

More Details: <http://region1schools.nutrislice.com/menu/salisbury-central-school/breakfast/>  
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