

# CROP HUNGER WALK



**ENDING HUNGER ONE STEP AT A TIME**

Salisbury Central School Student Council is creating a team that will be participating in the 35<sup>th</sup> annual Northwest Connecticut CROP Hunger Walk. This event raises funds for hunger here in our neighborhood and abroad in other countries. They need your support for this worthy cause!

## What is the CROP Walk?

It's a community-wide walk to end hunger. They happen all over the United States and people participate in teams from schools, workplaces, houses of worship, community organizations. Twenty-five percent of the funds raised stay right here in the NW Corner and go to individuals and families in our own communities. The rest is used to fund projects and empower local citizens around the world in countries like Haiti, Dominican Republic, Cambodia, Kenya, Afghanistan, and Indonesia to name a few. For more information about CROP Hunger Walks and the programs they fund go to [www.crophungerwalk.org](http://www.crophungerwalk.org).

## Why should I walk and raise funds for hunger?

For a number of reasons:

- To help those both near and far who don't have access to quality food and water and empowering change in their lives.
- To have an opportunity to reflect on how lucky we are to not feel the crushing weight of hunger each day
- To join with others for a common worthy cause and learn that one person - YOU - can help solve a large and seemingly overwhelming problem
- To learn about the issue of hunger experienced by at least 925 million people in the world. There are 15 million children in the US (some of whom could be your neighbor) who experience poverty, hunger, and malnutrition

## When and where is the Northwest Connecticut CROP Walk?

- Sunday, September 30<sup>th</sup>
  - 1 p.m. registration and opening ceremony
  - 1:30 p.m. walk begins; Student Council Team finishes 3:30 p.m.
- Housatonic Valley Regional High School is the starting point and the walk proceeds across the street to Lime Rock Station Road, which is relatively flat all the time and traffic free for the day of the walk. There are rest stations throughout the walk.

## How does the Walk work?

- You walk as much as you want up to 10K (6.2 miles) round-trip. You can walk any amount you feel comfortable with-- a set distance or for a set time, e.g. 1 hour in and then turn around.
- The team formed by Student Council will be walking **45 minutes each way** before finishing at 3:30 p.m.
- **The money you raise is not for distance walked. It's for a flat contribution, regardless of distance.**
- It's a great walk for families with small children. Strollers are welcome and the route is relatively shaded. Many other schools in this area already participate, so it's a very kid-friendly event.
- **Please bring your own water bottles. There are water stations throughout the route, but it is good to have extra water in case the weather is on the warmer side.**

**How do I raise or contribute money?**

You can do that in a number of ways:

- Online via the SCS Student Council Team Page at <https://www.crophungerwalk.org/fallsvillagect/Donate>. This is the easiest way and involves a credit card. On that team page you can:
  - Show your support. Join the team and walk with Student Council! Create your own individual profile, then get sponsors by emailing your page link to friends and family. Then walk with the Student Council members, other members of the SCS school community, and faculty advisors Deanna Maytas and Carol Hackett!
  - Donate to a Student Council member already on the SCS Team
  - Donate to the team as a whole.
- Donate with a check (made payable to CWS/CROP) or cash and send to school in an envelope addressed to Deanna Maytas, Student Council, CROP Walk.
- Remember: the donation is a flat amount—not distance walked and no pledges are accepted for collection after the Walk. All donations must be turned in on the Walk day. This means if someone wants to sponsor you, he or she needs to give you the check or cash at that time. Online donations must also be completed before the walk.

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Deanna Maytas and Carol Hackett will be chaperoning the Student Council members and other middle school students. Younger students must be accompanied by an adult.

I, \_\_\_\_\_, give permission

(Print Parent/ Guardian Name)

for \_\_\_\_\_ to walk at

(Print Student Name)

the *Northwest Connecticut CROP Hunger Walk* scheduled for September 30<sup>th</sup> starting at 1:00 P.M. at Housatonic Valley Regional High School. **Pickup time will be 3:30P.M. Please be prompt.** Thank you.

\_\_\_\_\_  
Parent/Guardian Signature

**Please return permission slip and attached waiver by Friday, September 28, 2018.**



**CROP Hunger Walk Participant  
STATEMENT OF CONSENT**

I understand the risks involved in participating in the CROP Hunger Walk and willingly and voluntarily accept these risks. I attest that I am physically fit and prepared for this event.

I grant permission for the organizers to use photographs/images and quotations from me in accounts and promotions of CROP Hunger Walks.

Signature(s) \_\_\_\_\_

Parent or guardian's signature if under 18 years of age:

Signature \_\_\_\_\_