

SOAR/HOTCHKISS Ultimate Frisbee Sports Clinic

SOAR and Hotchkiss are partnering up again to offer a new opportunity, an introduction to the fun, exciting and fast-paced sport of Ultimate Frisbee. No prior experience is required. Come ready to have fun and learn all you can about the basics of this non-contact sport. There will be a combination of skill building exercises taught and actual game time. Come join the fun!

Here are the details:

Sunday: October 14th from 2:30-4pm

Instructors: Ultimate Frisbee team members and faculty

Grades: Grades 4-99; HVRHS students welcome to sign up, as are parents

Clinic Fee: \$10.00 **(Please make checks out to: SOAR)**

Maximum: no maximum, "the more, the merrier"

Location: The fields next to the crosswalk just past the intersection of 112 and 41 (Parking is in the Athletic Center Parking lot)

If rainy or cold, meet in the Schmidt Rink in the Athletic Center (this is the rink closest to the parking lot)

What to bring/wear: comfortable clothes for running, sneakers, water bottle

Please note: If you have not already paid through SOAR Fall

Registration, the \$10.00 fee will be collected when you arrive on the day of the clinic.

To sign up, please paste the following link in your browser:

<https://goo.gl/forms/e88MAqQSVZRZKk4j1>

Or, as another option, go to the quick links listed on the SCS homepage and click on the link labeled "SOAR Ultimate Frisbee". Clicking on that link will take you directly to the online registration form.

Please be sure to electronically sign both waiver/release forms, one from Hotchkiss and one from SOAR. No child will be able to participate in the ultimate frisbee clinic without these forms being signed by a

parent or guardian. Both forms will be available for signing at the door on October 14th if needed.

Registration deadline: Wednesday, October 10th

Come join the fun!

