

 **BREAKFAST**

 **LUNCH**



Your cafeteria is managed by  
**Canteen of Central New Mexico**

# MAY 2019

## TURQUOISE TRAIL

All meals are served with a food bar and your choice of low-fat flavored or white milk.  
We use whole grain breads. All foods are baked.

### Monday



SCRAMBLED EGGS  
HAM SLICE  
FRESH FRUIT

6

**BBQ PULLED PORK**  
CORN  
PEARS

BREAKFAST PIZZA  
FRESH FRUIT

13

**ORANGE CHICKEN**  
FRESH VEGETABLES  
MIXED FRUIT  
BROWN RICE  
FORTUNE COOKIE

POP TART  
FRESH FRUIT

20

**CHICKEN DRUMSTICKS**  
CARROTS  
SIDEKICKS  
WHOLE WHEAT ROLL

27

### Tuesday



COLD CEREAL, VARIETY  
STRING CHEESE  
FRESH FRUIT

7

**FISH STICKS**  
GREEN BEANS  
FRESH FRUIT  
TORTILLA

CINNI MINIS  
FRESH FRUIT

14

**CHEESEBURGER**  
BAKED BEANS  
MANDARIN ORANGES

BISCUIT & SAUSAGE  
SANDWICH  
FRESH FRUIT

21

**SPAGHETTI AND MEAT SAUCE**  
GREEN BEANS  
APRICOTS  
GARLIC BREADSTICKS

28

### Wednesday

EGG, HAM & CHEESE  
CROISSANT  
FRESH FRUIT

1

**BEEF AND BEAN BURRITO**  
PINTO BEANS  
PEARS

BISCUIT & SAUSAGE  
SANDWICH  
FRESH FRUIT

8

**BEEF FAJITAS**  
CARROTS  
MIXED FRUIT

BREAKFAST BURRITO  
FRESH FRUIT

15

**NACHOS SUPREME**  
CARROTS  
PEARS  
WHOLE WHEAT ROLL

COLD CEREAL, VARIETY  
STRING CHEESE  
FRESH FRUIT

22

**RED CHILE ENCHILADA CASSEROLE**  
PINTO BEANS  
PEACHES

29

### Thursday

OATMEAL  
TOAST, 1 SLICE  
FRESH FRUIT

2

**CHICKEN PATTIE ON A BUN**  
OVEN FRENCH FRIES  
MIXED FRUIT

NUTRIGRAIN BAR  
YOGURT  
FRESH FRUIT

9

**BEEF TAQUITOS**  
PINTO BEANS  
PEACHES

MINI WAFFLE EGGO BITES  
FRESH FRUIT

16

**BLACK BEAN TOSTADAS**  
CORN  
PEACHES  
ANIMAL CRACKERS

BOILED EGG  
TOAST, 1 SLICE  
FRESH FRUIT

23

**TORTILLA BURGER**  
TATER TOTS  
MANDARIN ORANGES

30

### Friday

CHEESE QUESADILLA  
FRESH FRUIT

3

**CHICKEN TAQUITOS**  
CARROTS  
MANDARIN ORANGES

APPLE FRUDEL  
FRESH FRUIT

10

**FRITO PIE**  
BROCCOLI  
MANDARIN ORANGES  
WHOLE WHEAT ROLL

BREAKFAST COMBO BAR  
TORTILLA  
FRESH FRUIT

17

**CHILE CHEESE DOG**  
BROCCOLI  
PINEAPPLE CHUNKS

MUFFINS, ASSORTED  
FRESH FRUIT

24

**CHICKEN STICKS**  
SQUASH  
MIXED FRUIT  
WHOLE WHEAT ROLL

31