

 **BREAKFAST**

 **LUNCH**

MARCH 2019

TURQUOISE TRAIL

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

Monday

Tuesday

Wednesday

Thursday

Friday



Your cafeteria is managed by
Canteen of Central New Mexico

MINI WAFFLE EGGO BITES **4**
FRESH FRUIT
PIZZA
ITALIAN BLEND VEGETABLES
PINEAPPLE CHUNKS

CREAM OF WHEAT **5**
TOAST, 1 SLICE
FRESH FRUIT
CARNE ADOVADA BURRITO
CARROTS
CINNAMON APPLE SLICES

PANCAKE WRAP **6**
FRESH FRUIT
CHICKEN STICKS
MIXED FRUIT
OVEN FRENCH FRIES
WHOLE WHEAT ROLL

BREAKFAST PIZZA **7**
FRESH FRUIT
BEEF TACOS (HARD SHELL)
PINTO BEANS
MANDARIN ORANGES
SPANISH RICE

COLD CEREAL, VARIETY **1**
STRING CHEESE
FRESH FRUIT
FIESTA BURRITO
BROCCOLI
SIDEKICKS

FRENCH TOAST STICKS **8**
FRESH FRUIT
CHICKEN FAJITAS
BROCCOLI
FRESH FRUIT

BREAKFAST BURRITO **11**
FRESH FRUIT
BLACK BEAN TOSTADAS
CARROTS
APRICOTS
ANIMAL CRACKERS

MUFFINS, ASSORTED **12**
FRESH FRUIT
CHICKEN TACOS (SOFT)
PINTO BEANS
MANDARIN ORANGES

BREAKFAST COMBO BAR **13**
TORTILLA
FRESH FRUIT
CHICKEN ENCHILADAS
BROCCOLI
FRESH FRUIT
TORTILLA

BOILED EGG **14**
TOAST, 1 SLICE
FRESH FRUIT
HOT DOG ON A BUN
GREEN BEANS
ICE DOG

PARENT-TEACHER CONFERENCES **15**

SPRING BREAK **18**

SPRING BREAK **19**

SPRING BREAK **20**

SPRING BREAK **21**

SPRING BREAK **22**

MINI PANCAKE EGGO BITES **25**
FRESH FRUIT
NACHOS SUPREME
PINTO BEANS
PEARS
TORTILLA

BREAKFAST BURRITO **26**
FRESH FRUIT
CHICKEN NUGGETS
BROCCOLI
MANDARIN ORANGES
LEMON DINOS

POP TART **27**
FRESH FRUIT
FRITO PIE
TATER TOTS
PEACHES
BANANA BREAD

BREAKFAST PIZZA **28**
FRESH FRUIT
LLAPINGACHOS
MIXED VEGETABLES
MIXED FRUIT
DINNER ROLL

CHERRY FRUDEL **29**
FRESH FRUIT
FIESTA BURRITO
SWEET POTATO FRIES
PINEAPPLE CHUNKS

Civil Rights Statement: In accordance with Federal law and U.S. Dept. of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, religion, political belief, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W. Washington, D.C. 20250-9410 or call (800)795-3272 (voice) or (202)720-6382 (TTY). USDA is an equal opportunity provider and employer.

