

 **BREAKFAST**

 **LUNCH**

# NOVEMBER 2018

## TURQUOISE TRAILS

All meals are served with a food bar and your choice of low-fat flavored or white milk. We use whole grain breads. All foods are baked.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Your cafeteria is managed by  
**Canteen of Central New Mexico**



**5**  
BREAKFAST PIZZA  
FRESH FRUIT  
*MACARONI AND BEEF CASSEROLE*  
BROCCOLI  
MIXED FRUIT  
GARLIC BREAD STICKS

**6**  
COLD CEREAL, VARIETY  
YOGURT  
FRESH FRUIT  
*QUESADILLA*  
PINTO BEANS  
APPLESAUCE

**7**  
BREAKFAST BURRITO  
FRESH FRUIT  
*FRITO PIE*  
GREEN BEANS  
PEACHES

**1**  
NUTRI GRAIN  
YOGURT  
FRESH FRUIT  
*HOAGIE SANDWICH*  
CORN  
CANTALOUPE

**2**  
HONEY NUT CHEERIOS  
YOGURT  
FRESH FRUIT  
*PIZZA*  
BROCCOLI  
SIDEKICKS

**8**  
FRENCH TOAST STICKS  
FRESH FRUIT  
*CARNE ADOVADA*  
TORTILLA  
PINTO BEANS  
MANDARIN ORANGE

**9**  
SCRAMBLED EGGS  
TOAST, 1 SLICE  
FRESH FRUIT  
*PIZZA*  
CARROT STICKS  
SIDEKICKS

**12**

**13**  
PANCAKE WRAP  
FRESH FRUIT  
*CORNDOG*  
BROCCOLI  
PEACHES

**14**  
CHEESE OMELET  
BISCUIT  
FRESH FRUIT  
*BEEF TAQUITOS*  
CARROTS  
PINEAPPLE CHUNKS

**15**  
BOILED EGG  
TOAST, 1 SLICE  
FRESH FRUIT  
*BEEF ENCHILADA RED*  
PINTO BEANS  
APRICOTS  
TORTILLA

**16**  
NUTRI GRAIN  
YOGURT  
FRESH FRUIT  
*TURKEY W/ DRESSING*  
WHIPPED POTATOES  
TURKEY GRAVY  
GREEN BEANS  
FRUIT SALAD  
WHOLE WHEAT ROLL  
CAKE

**19**

**20**

**21**

**22**

**23**

**26**  
POP TART  
FRESH FRUIT  
*BBQ RIBETTE*  
POTATOES, AU GRATIN  
APRICOTS

**27**  
BREAKFAST BURRITO  
FRESH FRUIT  
*TORTILLA BURGER*  
PINTO BEANS  
PEARS

**28**  
BISCUIT EGG CHEESE SANDWICH  
FRESH FRUIT  
*CHICKEN ALFREDO*  
PEAS  
MIXED FRUIT  
BREADSTICKS

**29**  
PANCAKES MINI EGGO BITES  
FRESH FRUIT  
*CHICKEN TENDERS*  
CARROTS  
APPLESAUCE  
WHOLE WHEAT ROLL

**30**  
BISCUITS & GRAVY  
SAUSAGE PATTIE  
FRESH FRUIT  
*PIZZA*  
BROCCOLI  
FRESH FRUIT  
COOKIE