



The Nutrition Group and Yough District School will be offering afterschool meals to school-age children in the Community. The program is free and open to all children 0 - 18 years of age. Meal times are below, we would love to see you there!

NEW SITE OPENING!!

HW Good Elementary School

Monday - Friday

4:00 - 5:00

Additional Sites:

Where: Yough Senior High School

When: Monday through Thursday

Time: 2:15 – 3:15

Where: Yough Intermediate/Middle School

When: Monday through Thursday

Time: 3:30 – 4:30

For more information, contact: Brenda Wineland, FSD (724) 446 – 7272 x 2030

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing, or have speech disabilities and wish to file either an EEO or program complaint, please contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (in Spanish). Persons with disabilities, who wish to file a program complaint, please see information above on how to contact us by mail directly or by email. If you require alternative means of communication for program information (e.g., Braille, large print, audiotape, etc.), please contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). USDA is an equal opportunity provider and employer”



HW GOOD DINNER MENU

Director of Foodservice:

Brenda Wineland

winelandb@youghsd.net

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>30</u></p> <p>Chicken Nuggets w/ Bread 1/2 c Baked French Fries Fresh Orange 1/2 Pint Low Fat Milk</p>	<p><u>1</u></p> <p>Chicken Patty on a Bun 1/2 c Cucumber Slices 1/2 c Applesauce 1/2 Pint Low Fat Milk</p>	<p><u>2</u></p> <p>French bread Pizza 1/2 c Broccoli Florets 1/2 c Mixed Fruit 1/2 Pint Low Fat Milk</p>	<p><u>3</u></p> <p>Corn Dog Nuggets 1/2 c Pepper Strips 1/2 c Pears 1/2 Pint Low Fat Milk</p>	<p><u>4</u></p> <p>BBQ Grilled Chick Sandwich 1/2 c Baby Carrots 1/2 c Peaches</p>
<p><u>7</u></p> <p>Cheeseburger on a Bun 1/2 c Baby Carrots 1/2 c Peaches 1/2 Pint Low Fat Milk</p>	<p><u>8</u></p> <p>Ham & Cheese Hoagie 1/2 c Cucumber Slices 1/2 c Applesauce 1/2 Pint Low Fat Milk</p>	<p><u>9</u></p> <p>BBQ Rib Hoagie 1/2 c Broccoli Florets 1/2 c Mixed Fruit 1/2 Pint Low Fat Milk</p>	<p><u>10</u></p> <p>Chicken Patty on a Bun 1/2 c Pepper Slices 1/2 c Pears 1/2 Pint Low Fat Milk</p>	<p><u>11</u></p> <p>Cheese Pizza Slice 1/2c Garden Salad Fresh Apple 1/2 Pint Low Fat Milk</p>
<p><u>14</u></p> <p>Fiesta Pizza 1/2 c Baby Carrots 1/2 c Peaches 1/2 Pint Low Fat Milk</p>	<p><u>15</u></p> <p>Corn Dog Nuggets 1/2 c Baked French Fries 1/2 c Applesauce 1/2 Pint Low Fat Milk</p>	<p><u>16</u></p> <p>Turkey & Cheese Hoagie 1/2 c Broccoli Florets 1/2 c Mixed Fruit 1/2 Pint Low Fat Milk</p>	<p><u>17</u></p> <p>Cheeseburger on a Bun 1/2 c Pepper Slices 1/2 c Pears 1/2 Pint Low Fat Milk</p>	<p><u>18</u></p> <p>Chicken Nuggets w/ Bread 1/2 c Cucumber Slices Fresh Orange 1/2 Pint Low Fat Milk</p>
<p><u>21</u></p> <p>Ham & Cheese Hoagie 1/2 c Baby Carrots 1/2 c Peaches 1/2 Pint Low Fat Milk</p>	<p><u>22</u></p> <p>BBQ Rib Hoagie 1/2 c Cucumber Slices 1/2 c Applesauce 1/2 Pint Low Fat Milk</p>	<p><u>23</u></p> <p>Chicken Patty on a Bun 1/2 c Broccoli Florets Fresh Banana 1/2 Pint Low Fat Milk</p>	<p><u>24</u></p> <p>Pepperoni Pizza 1/2 c Pepper Slices 1/2 c Pears 1/2 Pint Low Fat Milk</p>	<p><u>25</u></p> <p>Hot Dog on a Bun 1/2c Baked French Fries 1/2 c Mixed Fruit 1/2 Pint Low Fat Milk</p>
<p><u>28</u></p> <p>Turkey & Cheese Hoagie 1/2 c Broccoli Florets 1/2 c Mixed Fruit 1/2 Pint Low Fat Milk</p>	<p><u>29</u></p> <p>Chicken Nuggets w/ Bread 1/2 c Baked French Fries Fresh Orange 1/2 Pint Low Fat Milk</p>	<p><u>30</u></p> <p>Cheese Pizza Slice 1/2c Garden Salad Fresh Apple 1/2 Pint Low Fat Milk</p>	<p><u>31</u></p> <p>Corn Dog Nuggets 1/2 c Baked French Fries 1/2 c Applesauce 1/2 Pint Low Fat Milk</p>	<p><u>1</u></p> <p>Cheeseburger on a Bun 1/2 c Pepper Slices 1/2 c Pears 1/2 Pint Low Fat Milk</p>