

WINONA SCHOOL DISTRICT
April
Secondary School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 BEEF TACO STEAK FINGERS SPICY FRIED PINTO BEANS PINEAPPLE CUBES APPLESAUCE VANILLA PUDDING VARIETY OF MILK	3 CHICKEN SPAGHETTI CHEF SALAD CALIFORNIA VEGGIES GREEN PEAS YEAST ROLL CHILLED PEACH SLICES APRICOTS VARIETY OF MILK	4 CHEESEBURGER CHICKEN FAJITA WRAP SPICY FRIES CHEESY BROCCOLI FRUIT COCKTAIL FRESH ORANGE SMILES SUGAR COOKIE VARIETY OF MILK	5 JOHN WAYNE CASSEROLE CHICKEN TENDERS SALAD WHOLE KERNEL CORN GREEN BEANS YEAST ROLL FRESH APPLES MANDARIN FRUIT CUP VARIETY OF MILK	6 LOADED CHICKEN FAJITA BAKED POTATO BBQ RIB SANDWICH BAKED BEANS COFETTI COLESLAW POTATO WEDGES ASSORTED FRUIT JUICES BLUSHING CHILLED PEARS CHOCOLATE CHIP COOKIE VARIETY OF MILK
9 CHICKEN TENDERS TUNA SALAD W/ CRACKERS MASHED POTATOES GREEN PEAS YEAST ROLL CHILLED PEACH SLICES HOT CINNAMON APPLES VARIETY OF MILK	10 CHEESY CHICKEN OVER RICE TURKEY & CHEESE SANDWICH GREEN BEANS GLAZED CARROTS FRESH ORANGE SMILES CHILLED DICED PEARS YEAST ROLL VARIETY OF MILK	11 MEATBALL SUB GRILLED FAJITA SALAD LIMA BEANS TATER TOTS FRESH BANANAS FRUIT COCKTAIL SUGAR COOKIE VARIETY OF MILK	12 BACON CHEESE BURGER CHICKEN NUGGETS POTATO WEDGES CUCUMBER STICKS PINEAPPLE TIDBITS FRESH APPLES VARIETY OF MILK	13 CHEESY BREADSTICKS TUNA SALAD W/ CRACKERS WHOLE KERNEL CORN PINTO BEANS ASSORTED FRUIT JUICES FRUIT SLUSHES CHOCOLATE CHIP COOKIE VARIETY OF MILK
16 BEEFY NACHOS GRANDE TURKEY & CHEESE SANDWICH FIESTA RICE CHEESY BROCCOLI MANDARIN FRUIT CUP CHILLED DICED PEARS SUGAR COOKIE VARIETY OF MILK	17 SPAGHETTI & MEAT SAUCE GRILLED CHICKEN SALAD GREEN BEANS WHOLE KERNEL CORN GARLIC TOAST CHILLED PEACH SLICES FRESH BANANAS VARIETY OF MILK	18 BBQ PORK SANDWICH SLICED TURKEY W/ GRAVY MASHED POTATOES CONFETTI COLESLAW BAKED BEANS PINEAPPLE TIDBITS APPLESAUCE YEAST ROLL VARIETY OF MILK	19 SPICY CHICKEN SANDWICH CHICKEN FAJITA WRAP BROCCOLI SALAD W/ GRAPES HUSBROWN POTATOES HOT CINNAMON APPLES FRESH ORANGE SMILES VARIETY OF MILK	20 STUFFED CRUST PIZZA CHICKEN SALAD W/ CRACKERS CRINKLE CUT FRIES BABY CARROTS APPLESAUCE BLUSHING CHILLED PEARS CHOCOLATE PUDDING VARIETY OF MILK
23 BACON CHEESE BURGER CHICKEN NUGGETS POTATO WEDGES GLAZED CORROTS CHILLED PEACH SLICES FRESH APPLES VARIETY OF MILK	24 CORN DOG NUGGETS HAM & CHEESE SANDWICH TATER TOTS GREEN PEAS BLUSHING CHILLED PEARS HOT CINNAMON APPLES CHOCOLATE CHIP COOKIE VARIETY OF MILK	25 MANDARIN CHICKEN TURKEY & CHEESE WRAP WHOLE KERNEL CORN TOMATO & CUCUMBER SALAD STIR FRIED RICE FRESH ORANGE SMILES ASSORTED FRUIT JUICES YEAST ROLL OATMEAL RAISIN COOKIE VARIETY OF MILK	26 HOT DOG CHEF SALAD CRINKLE CUT FRIES CONFETTI COLESLAW CHILLED DICED PEARS FRESH APPLES VARIETY OF MILK	27 GRILLED CHICKEN SANDWICH TUNA SALAD W/ CRACKERS TATER TOTS GARDEN SALAD GLAZED CARROTS CHILLED PEACH SLICES FRESH APPLES VANILLA PUDDING VARIETY OF MILK
30 CHEESEBURGER CHICKEN TENDERS SALAD SPICY FRIES CHEESY BROCCOLI MANDARIN FRUIT CUP SLICES STRAWBERRIES CHOCOLATE CHIP COOKIE VARIETY OF MILK				

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Notice: The data contained within this report and the NUTRIKIDS Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a professional for assistance in planning for or treating medical conditions.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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