February 2018

1. Tell your child about a time when your values helped you make a decision.

2. Have your child spend 10 minutes at night preparing for the next day.

3. Start a family bulletin board. Encourage everyone to post articles, comics and photos they find interesting. Talk about what you see there.

4. Today is the birthday of Rosa Parks. Learn more about this Civil Rights activist.

5. Cut out small paper hearts. Each day, write a reason you love your child on one. Tape them together to make a chain.

6. Ask your child to tell you what success means to her.

7. Ask your child to keep a study log. Have him record the time he spends at home studying each subject. When grades come out, compare.

8. Let your child invite friends to stay for a family dinner. It’s a great way to learn more about her peer group.


10. Avoid power struggles with your middle schooler. Too much parental control can cause rebellion.

11. Teach your child to think about how her decisions could affect her as well as others.

12. Monitor your child’s internet use—just as you pay attention to the TV he watches.

13. Tonight, leave a valentine where your child will find it in the morning.

14. Serve your child’s favorite breakfast today.

15. Ask to see your child’s homework.

16. Make opportunities for your child to write. Have her make a grocery list or take a message, for example.

17. Talk to your child about a local issue that you feel strongly about.

18. Exercise your child’s memory. Can he remember what he ate yesterday? Two days ago? Challenge each other.

19. Praise something about your child’s behavior today.

20. If your child loses an item, give her some responsibility for replacing it.

21. Cook dinner as a family.

22. Tell your child a family story. Try to think of one that teaches a lesson.

23. Suggest your child keep a notebook handy when he’s reading. He can write down words he wants to look up in the dictionary.

24. Discuss a controversial issue with your child. Ask, “What do you think?”

25. Have a conversation with your child about what the world would be like if there were no rules.

26. Play a game with your child that uses math skills, such as a gin rummy, dominoes or chess.

27. As a family, brainstorm about a problem. Family members can voice any solutions that come to mind.

28. Encourage healthy eating. Allow your child to choose any fruit or vegetable at the grocery store.

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

Lafourche Parish School Board