February 2018

1. Play “my day, your day” with your child. Each of you ask questions about the other’s day.
2. It’s Groundhog Day. How many words can your child make from the letters in GROUNDHOG?
3. Have your child pretend she’s a character from a book. Ask questions until you figure out who she is.
4. Start a “chain of hearts.” Cut out small hearts. Each day, write a reason you love your child on one and add it to the chain.
5. Check ads for items with prices ending in 98 or 99 cents. Have your child round off and estimate—how much would four of them cost?
6. Watch TV with your child. Help him be a critical viewer by asking him questions about what he sees. Would he do what the character did?
7. Test your child’s observation skills. Can she describe someone that just passed her on the street?
8. Choose a recipe from another country or culture. Prepare it together.
9. Make today punctuation day. See how many types of punctuation you and your child come across. What does each do?
10. Talk with your child about a recent choice you have made and its consequences.
11. Get in the habit of using Sunday nights to talk with your child about the week ahead.
12. Do “body arithmetic.” Ask your child how much his fingers, knees, toes and nose add up to.
13. When your child brings home a test, talk about what she got right before discussing her errors. What can she can learn from both?
14. With your child, learn how to say “I love you” in three other languages.

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

15. Look at car ads in the newspaper or online. Encourage your child to design and name a new car.
16. Play a game that uses math skills, such as Go Fish or Gin Rummy.
17. Help your child turn snapshots of family members into a mobile. Hang it where everyone can see it.
18. When your child comes home, have him draw something that he did in school. Then talk about it.
19. Help your child start a family newsletter.
20. Save old socks to make puppets with your child. Encourage her to put on a puppet show.
21. Have your child rank homework assignments in order of priority.
22. It’s the birthday of George Washington. Help your child learn a new fact about this famous president.
23. Have your child draw a window picture. He can look out the window and draw what he sees!
24. Set aside time today to work on a hobby with your child.
25. Have a silent supper. During dessert, have family members share what they were thinking about.
26. On a map, have your child find countries her ancestors came from.
27. Talk with your child about courage and people who exemplify it.
28. At bedtime, allow a few minutes after the light is off for a quiet conversation with your child.