

Island Park Lincoln Orens Middle School

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MR. VINCENT RANDAZZO
PRINCIPAL

DR. ROSMARIE T. BOVINO
SUPERINTENDENT OF SCHOOLS

August 2015

Dear Parent/Guardian of a Middle School Student:

The Island Park School District is pleased to announce the continuation of the program designed to enhance students' character development and social relationships. This program, "Lunch Break," provides students in the middle school (grades 5-8) with an opportunity to experience something different during the recess portion of their lunch period. Beginning the week of **September 28th** during "Lunch Break," our support professionals --school psychologist, school social worker, or guidance counselor will meet informally for about 20 minutes with small groups of students (8 to 10) to discuss and provide guidance on a variety of topics:

1. common interests (e.g., electronic gaming; cell phone use; home alone; etc.)
2. general social/emotional issues (e.g., making mistakes and overcoming them, friends who disappoint, unexpected surprises; etc.)
3. concerns about academics (e.g., homework; learning styles; study habits; etc.)
4. wellness and well-being (e.g., my talents; room for improvement; at my best; etc.)
5. peer relationships (e.g., best friends/no friends; challenges ahead; saying no; etc)
6. personal interest stories (family fun times; true animal stories; my place in my family--being the youngest/being the oldest/being in the middle, being an only child; etc.)

These are **not** counseling sessions. Rather, they are meant to provide a safe, nurturing environment for building relationships among students as well as relationships between students and support professionals who work in an advisory capacity. This is a voluntary program; your child is under no obligation to participate. Regular lunch/recess programs will also continue in their present form.

If you have any questions, please call Mrs. Scanlon (School Psychologist) at 434-2639, Ms. Simon (School Social Worker) at 434-2640, or Mrs. Porzelt (Guidance Counselor) at 434-2638. If you **do not** want your child to participate, please complete the tear slip below and return it to your child's teacher by **September 28th**. Thank you.

Yours sincerely

A handwritten signature in black ink, appearing to read "Vincent Randazzo".

Vincent Randazzo
Principal

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LOMS Lunch Break – Opt Out

I **do not** want my child _____ in grade _____ to participate in the voluntary "lunch break" discussion groups. I have explained this to my child.

Parent Name: _____ Date: _____

Parent Signature _____