





Island Park Union Free School District
LINCOLN ORENS MIDDLE SCHOOL
 Lunch Menu JUNE 2019



| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 3-Jun | 4-Jun | 5-Jun | 6-Jun | 7-Jun |
| Turkey Taco WG Tostito Scoops Vegetarian Beans Salsa Shredded Cheese Fresh Fruit/USA Diced Peaches (S,W,M) | Seasoned Diced Chicken Crinkle Cut French Fries Broccoli Florets Fresh Fruit/USA Apple Sauce (--) | Hamburger on a Bun Sweet Potato Fries Roasted Garbanzo Beans Fresh Fruit/USA Mixed Fruit (S,W) | Pizza Tossed Green Salad Fresh Fruit USA Diced Pears (S,W,M) | Chicken Tenders Mashed Potatoes Green Beans Fresh Fruit USA Apple Sauce (S,W,M) |
| 10-Jun | 11-Jun | 12-Jun | 13-Jun | 14-Jun |
| Fajita Chicken Tortilla Wrap Three Bean Salad Shredded Cheese Salsa Fresh Fruit/Diced Peaches (W,S,M) | Sloppy Joe Meat (NO Bun) Mashed Potatoes Green Beans Fresh Fruit USA Apple Sauce (S) | Chicken Patty on a Bun Crinkle Cut French Fries Roasted Garbanzo Beans Fresh Fruit USA Mixed Fruit (S,W,M) | Pizza Tomato & Cucumber Salad Fresh Fruit USA Diced Pears (S,W,M) |  FLAG DAY EARLY DISMISSAL NO LUNCH SERVICE |
| 17-Jun | 18-Jun | 19-Jun | 20-Jun | 21-Jun |
| Turkey Taco WG Tostito Scoops Beans Salsa Shredded Cheese Fresh Fruit/USA Diced Peaches (S,W,M) | Grilled Mozzarella/American Cheese Sandwich Crinkle Cut French Fries Bean Salad Fresh Fruit/USA Apple Sauce (S,W,M) | Roasted Chicken Pieces Sweet Potato Fries Broccoli Florets Fresh Fruit USA Mixed Fruit (S,W,M) |  Field Day <i>Let the Games Begin!</i> Hamburgers for ALL |  Last Day of School EARLY DISMISSAL NO LUNCH SERVICE |
| 24-Jun | 25-Jun | 26-Jun | 27-Jun | 28-Jun |

School's Out

For Summer!!!

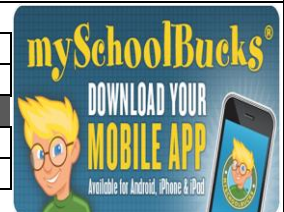
FREE AND REDUCED LUNCHES AVAILABLE WITH AN APPROVED APPLICATION

All Meals Served with a Choice of 1% LowFat, Fat Free and Fat Free Flavored Milks

Prices



| | | | |
|------------------|--------|------------------|---------|
| Lunch of the Day | \$2.75 | 10 prepaid meals | \$27.50 |
| | | 20 prepaid meals | \$55.00 |
| Reduced Lunch | \$0.25 | 10 prepaid meals | \$2.50 |
| | | 20 prepaid meals | \$5.00 |



A Complete Meal Includes

Whole Grain Bread/Grain, Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit

A minimum of three must be chosen, One must be a fruit or vegetable

SANDWICHES WILL BE AVAILABLE MONDAY, TUESDAY, WEDNESDAY AND THURSDAY ONLY

Bologna, Cheese, Egg Salad, Ham, PB & J, Salami, Tuna Salad and Turkey Sandwiches are served on a choice of White, Wheat, or Rye

Salads will be available on Friday

Fresh Garden Salad comes with a choice of a scoop of Tuna or Egg Salad

Chef Salad comes with a choice of Meat and Cheese or a Hard Boiled Egg

Menu key references for specific **Allergens**: M-milk SF-seafood P-peanut E-egg T-treenut S-soybean F-fish W-wheat

Menu subject to change without notice

This institution is an equal opportunity provider and employer