

Facing History High School

Physical Education Syllabus

Classroom Structure:

Entrance Procedures (7 mins):

- Students enter the gymnasium, change in the locker room and must be in their floor spots ready to work.

Warm Up Activity (10 mins):

- Students lead the warm up activities while teacher takes attendance based on floor spots.

Instruction & Activity (25 mins):

- Students are expected to participate in all activities of the day to the best of their ability.

Closing & Exit Procedures (5 mins):

- Students clean up all equipment when prompted and get dressed, lining up at the door waiting for the teacher/bell to dismiss them.

Grading Policy:

Students are graded on the following components of Physical Education:

- Entry Procedures & Preparation
- Behavior & Professionalism
- Participation (negated if not prepared for class)

Each day students will be given a grade of 0-5 based on their performance.

- 0- 0% Unexcused Absence/ Cutting/ Not In Attendance
- 1- 20% Prepared but does little or no activity.
- 2- 40 % Prepared for class but does minimal activity.
- 3- 60 % Demonstrates rigorous work ethic and ability to follow any and all instructions, while participating successfully in MOST activities.
- 4- 80 % Does a proficient job in all of the categories listed above.
- 5- 100 % Goes above and beyond in class, following all procedures accurately.

I, _____, understand the rules and expectations of physical education for the 2017-2018 school year.

Student Signature _____ Date _____ Parent Signature _____