



Island Park Union Free School District

FX Hegarty Elementary
Lunch Menu June 2018



Monday	Tuesday	Wednesday	Thursday	Friday
				1-Jun
				Homemade Cheese Pizza Tossed Green Salad Apple Juice Fresh Apple (S W M)
4-Jun	5-Jun	6-Jun	7-Jun	8-Jun
Turkey Taco WG.Tostito Scoops Shredded Cheddar Red Beans and Rice Mixed Fruit (S)	Brunch for Lunch French Toast Sticks Pork Sausage Potato Rounds Apple Sauce (S,W,E)	Popcorn Chicken White Rice Cut Green Beans Fruit Cocktail (S,W)	Mac & Cheese Sliced Carrots Bread Stick Mixed Fruit (M,W)	Homemade Cheese Pizza Tossed Green Salad Fruit Juice Fresh Apple (S W M)
11-Jun	12-Jun	13-Jun	14-Jun	15-Jun
Chicken Pattie on Whole Wheat Bun Sweet Potato Fries Spinach Salad Apple Sauce (S,W)	Meatballs Brown Sauce Penne Pasta Kernal Corn Cling Peaches (S,W)	Chicken Tenders Seasoned Rice Plain Bread Stick Green Beans Fruit Du Jour (S,W,M)	Homemade Cheese Pizza Tossed Green Salad Apple Juice Fresh Apple (S W M)	 Carnival & Field Day No Cafeteria Lunch
18-Jun	19-Jun	20-Jun	21-Jun	22-Jun
Brunch for Lunch French Toast Sticks Pork Sausage Potato Rounds Apple Sauce (S,W,E)	Beef Hamburger on Whole Wheat Bun French Fries Vegetable Du Jour Fruit Du Jour (S,W)	Chicken Nuggets Potato Fries Vegetable Du Jour Fruit Du Jour (S,W,M)	Homemade Cheese Pizza Tossed Green Salad Fruit Juice Fruit Du Jour (S W M)	 Early Dismissal No School Lunch

FREE AND REDUCED LUNCHES AVAILABLE WITH AN APPROVED APPLICATION

All Meals Served with a Choice of 1% LowFat ,Fat Free and Fat Free Flavored Milks

Prices



Lunch of the Day	\$2.50	10 prepaid meals	\$25.00
		20 prepaid meals	\$50.00
Reduced Lunch	\$0.25	10 prepaid meals	\$2.50
		20 prepaid meals	\$5.00



A Complete Meal Includes

Whole Grain Bread/Grain, Meat/Meat Alternative, Choice of Vegetable, Choice of Fruit

A minimum of three must be chosen, One must be a fruit or vegetable

SANDWICHES WILL BE AVAILABLE MONDAY, TUESDAY, THURSDAY AND FRIDAY ONLY

Turkey , PB&Jelly ,Bologna ,Cheese ,Ham ,Egg Salad ,Salami Sandwiches are served on a choice of White ,Wheat ,or Rye

Salads will be available on Wednesdays

Fresh Garden Salad comes with a choice of a scoop of Tuna or Egg Salad

Chef Salad comes with a choice of Meat and Cheese or a Hard Boiled Egg

Chicken Ceasar Salad includes 1oz. of Croutons

Menu key references for specific **Allergens**: M-milk SF-seafood P-peanut E-egg T-treenut S-soybean F-fish W-wheat