



Sacred Heart School

February 2020 Lunch Menu

NUTRITION NEWS:

February is National Sweet Potato Month!

SIDEKICKS

- Milk \$0.50
- Lemonade \$0.50
- Spring Water 8oz \$0.50
- Soup w/ Crackers \$1.50
- Baked Cookie \$0.50
- Baked Chips \$0.75
- Fresh Fruit \$0.75
- Fruit Cup or Fruit Juice \$0.50

Student Lunch \$3.50

Adult Lunch \$4.00

Beverage Choice:

Your Meal Comes with the Choice of:
Flavored/Unflavored
Low Fat Milk,
Iced Tea, or Water

Maschio's Swap Outs

Monday: Popcorn Chicken

Tuesday: Hot Ham and Cheese

Wednesday: Turkey, Cheese, and Bacon Sandwich

Thursday: Cheeseburger

Friday: Tuna Salad Sandwich

Friday: Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

- Grilled Chicken Caesar Salad with a Dinner Roll
- Chef Salad with a Dinner Roll

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dog on a Bun Smiley Fries Pickles Fresh or Chilled Fruit	4 Walking Taco Sour Cream, Salsa, Lettuce & Tomato Sweet Corn Fresh or Chilled Fruit	5 Chicken Fries Buttered Noodles Carrots Fresh or Chilled Fruit	6 Pierogies Green Beans Dinner Roll Fresh or Chilled Fruit	7 Cheese Pizza Garden Salad Fresh or chilled Fruit
10 Pasta & Marinara Italian Bread Celery Dippers Fresh or Chilled Fruit	11 Cheeseburger Lettuce, Tomato Curly Fries Fresh or Chilled Fruit	12 French Toast Stix Sausage Hash Brown Fresh or Chilled Fruit	13 Pizza Crunchers Tater Tots Caesar Salad Fresh or Chilled Fruit	14 Half Day No Lunch Served
17 President's Day School Closed	18 Meatball Parm Sandwich Tater Tots Fresh or Chilled Fruit	19 Grilled Chicken Sandwich Lettuce, Tomato Cup of Soup Fresh or Chilled Fruit	20 Popcorn Chicken Mashed Potatoes Sweet Corn Fresh or Chilled Fruit	21 Cheese Pizza Caesar Salad Fresh or Chilled Fruit
24 Bacon Egg & Cheese Sandwich Hash Brown Fresh or Chilled Fruit	25 Pasta Alfredo w/ Chicken & Broccoli Italian Bread Fresh or Chilled Fruit	26 ASH WEDNESDAY Macaroni & Cheese Carrot Dinner Roll Fresh or Chilled Fruit	27 Homemade Chili Steamed Rice Fresh or Chilled Fruit	28 Cheese Pizza Snack Bag Veggie Dippers Fresh or Chilled Fruit

Connect with us!   

Questions or Concerns?

Please Visit www.MaschioFood.com
or Call Maschio's Food Services at: 610-373-3316

MENU SUBJECT TO CHANGE



Maschio's
Food Services, Inc.
"This institution is an equal opportunity provider"