




APRIL 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
1	2	3	4	5
Baked Mozzarella Sticks served with Marinara Sauce Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers Turkey Burgers New York French Fries Salad Bar Burger Flair's	Chicken Parmigiana Pasta Marinara Crispy Broccoli Salad Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice Teriyaki Green Beans New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Bacon & Sausage Pizza Roasted Chickpeas with Spinach Cilantro Pesto Tuna Fish Sandwich Salad Bar Pizza Toppings
Penne Pasta Baked In Cheese Sauce Broccoli with Garlic & Oil Toasted Garlic Bread Salad Bar Garden Greens	Sautéed Onion Burger Turkey Burger with Salsa & Monterey Jack Cheese French Fries Salad Bar Burger Flair's	Popcorn Chicken Served with Mac-n-Cheese Corn, Peas & Carrots Salad Bar Traditional	NEW GOLDEN KRUSTED Jamaican Beef Patty BBQ Beans New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Sausage, Onion & Pepper Pizza Honey Butternut Squash Fish & Cheese Sandwich Salad Bar Pizza Toppings
Homemade Grilled Cheese Onion Rings Garlicky Green Beans Baked! Tostitos® Scoops® Salsa Cup Salad Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries Salad Bar Burger Flair's	Chicken & Waffles Home Fries Creamed Spinach Salad Bar Traditional	Baked Beef Ravioli Roasted Zucchini Garlic Knot Fish & Cheese Sandwich Fresh New York Apples New York Cookie Treat Salad Bar Local New York	Classic Cheese Pizza BBQ Chicken Pizza Marinated Bean Salad Tuna Fish Sandwich Salad Bar Pizza Toppings
Spring recess 22	Spring Recess 23	Spring Recess 24	Spring Recess 25	Spring Recess 26
Baked Mozzarella Sticks served with Marinara Sauce Brown Sugar Carrots Frito-Lay® SunChips® Salad Bar Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers French Fries Salad Bar Burger Flair's	Chicken Parmigiana Basil Marinara Crispy Broccoli Salad Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice Teriyaki Green Beans New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Bacon & Sausage Pizza Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings
Spring recess 28	Spring Recess 29	Spring Recess 30	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING & LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	
Penne Pasta Baked In Cheese Sauce Broccoli with Garlic & Oil Toasted Garlic Bread Salad Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers Turkey Burger with Salsa & Monterey Jack Cheese New York French Fries Salad Bar Burger Flair's	Dipping Sauce Cups BBQ, Ranch, Honey Mustard	Daily Lunch Specials <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches (Not available on Mondays) • Hummus Grab & Go Every Tuesday & Thursday Grab & Go Salad	


OFFERED DAILY

Milk 1% Low-fat Fat Free Fat Free Chocolate	Dipping Sauce Cups BBQ, Ranch, Honey Mustard	Fresh Fruit No Artificial Flavors, colors or sweeteners in all School Food Products	Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	Flavor Station Grated Garlic Red Pepper Flakes Parmesan Cheese
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ATTENTION: All Pre-K Students CANNOT be Offered CHOCOLATE MILK



APRIL 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMP START MONDAY Oatmeal Sweet Potato Muffin Land O'Lakes® Colby Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	EGG SANDWICH Yogurt Bar Egg & Turkey Sausage Sandwich 100% Fruit Juice Fresh Fruit	FROM THE GRIDDLE Tasty Waffles Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	NEW YORK THURSDAY New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	BAKERY FRESH! Cinnamon Crumble Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Blueberry Muffin Land O'Lakes® Cheddar Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Yogurt Bar Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Banana Muffin Land O'Lakes® Mozzarella Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Yogurt Bar Turkey Sausage, Egg & Cheese on Ciabatta Bread 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upside Farm® Yogurt Choices 100% Fruit Juice Fresh New York Apples	Spring Recess Hot Cinnamon Knot Turkey Sausage Bally Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
Spring Recess Oatmeal Sweet Potato Muffin Land O'Lakes® Colby Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Spring Recess Yogurt Bar Egg & Turkey Sausage Sandwich 100% Fruit Juice Fresh Fruit	Spring Recess Tasty Waffles Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Spring Recess New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Spring Recess Cinnamon Crumble Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Blueberry Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit 100% Fruit Juice Fresh Fruit	Cook New York Bazel Stick Veggies Blueberry Cinnamon Rollin Cranberry French Toast Multigrain Plain Poppy	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	

Milk
 1% Low Fat
 Fat Free
Fat Free Chocolate
 Grab and Go
 Breakfast Pack

Fresh Fruit
 Spiced Fruit
 Puddles, Fruits, Pinapples

OFFERED DAILY
 100% Fruit Juice
 Apple, Full Peach
 Grape, Orange

Cold Cereal Choices
 Frosted Flakes
 Cinnamon Flakes
 Nutt'n Grain Cereals
 Trikes-Oats
 Back to the Roots® Cinnamon Cluster
 Cinnamon Cluster

ATTENTION: All Breakfast Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on 100 DAYS

NYC **IFood**

NYC'S ARE SUBJECT TO CHANGE
 OUR MENUS ARE FORK FREE