



## FEBRUARY 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b> Fresh New York Bagel Stick Varieties Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN!	<b>BAKERY FRESH</b> Hot Cinnamon Knot Cheese Omelet Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Blueberry Muffin Land O'Lakes® Cheddar Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>Lunar New Year</b> Yogurt Bar Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit! 100% Fruit Juice Fresh Fruit	<b>Buttermilk Pancakes</b> Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	<b>Cinnamon Twist</b> Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Banana Muffin Land O'Lakes® Mozzarella Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b> Turkey Sausage, Egg & Cheese on Ciabatta Bread 100% Fruit Juice Fresh Fruit	<b>Cinnamon Burst Pancakes</b> Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upside Farms® Yogurt Croix 100% Fruit Juice Fresh New York Apples	<b>Hot Cinnamon Knot</b> Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
<b>Mid Winter Pizzas</b> 18 Assorted Muffins Land O'Lakes® Cobly Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>Mid Winter Pizzas</b> 18 <b>Yogurt Bar</b> Beef Sausage & White Cheddar Sandwich 100% Fruit Juice Fresh Fruit	<b>Mid Winter Pizzas</b> 20 Tasty Waffles Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>Mid Winter Pizzas</b> 21 <b>New York Bagel Thursday</b> Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	<b>Mid Winter Pizzas</b> 22 <b>Cinnamon Twist</b> Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
<b>Blueberry Muffin</b> Land O'Lakes® Cheddar Cheese Stick Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>Yogurt Bar</b> Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit 100% Fruit Juice Fresh Fruit	<b>Buttermilk Pancakes</b> Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	<b>Cold Cereal Choices</b> Frosted Flakes Crunchin' Flakes 100% Grain Cereals Tostitos Back to the Roots® Organic Purple Corn Flakes A. Cinnamon Cluster

### OFFERED DAILY

### 100% Fruit Juice

Apple Fruit Punch  
 Grape Cider's  
 100% Fruit Juice

Breakfast Dipping Sauce  
 Reddy's Hot Sauce 5921

### Cold Cereal Choices

Frosted Flakes  
 Crunchin' Flakes  
 100% Grain Cereals  
 Tostitos  
 Back to the Roots® Organic Purple Corn Flakes  
 A. Cinnamon Cluster

### Fresh Fruit

1% Low fat  
 Fat Free  
 Fat Free Chocolate

Graband Go  
 Breakfast Pack

Gained Fruit  
 Features: Fats, Fibers, etc.

### OFFERED DAILY

### 100% Fruit Juice

Apple Fruit Punch  
 Grape Cider's  
 100% Fruit Juice

Breakfast Dipping Sauce  
 Reddy's Hot Sauce 5921

### Cold Cereal Choices

Frosted Flakes  
 Crunchin' Flakes  
 100% Grain Cereals  
 Tostitos  
 Back to the Roots® Organic Purple Corn Flakes  
 A. Cinnamon Cluster

### MILK

1% Low fat  
 Fat Free  
 Fat Free Chocolate

Graband Go  
 Breakfast Pack

Gained Fruit  
 Features: Fats, Fibers, etc.

### OFFERED DAILY

### 100% Fruit Juice

Apple Fruit Punch  
 Grape Cider's  
 100% Fruit Juice

Breakfast Dipping Sauce  
 Reddy's Hot Sauce 5921

### Cold Cereal Choices

Frosted Flakes  
 Crunchin' Flakes  
 100% Grain Cereals  
 Tostitos  
 Back to the Roots® Organic Purple Corn Flakes  
 A. Cinnamon Cluster

Gained Fruit  
 Features: Fats, Fibers, etc.



NYC  
 SCHOOL FOOD  
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ATTENTION: All Pre-K Students CANNOT be offered CHOCOLATE MILK and ALL Have JUICE on TOWDAYS. ITEMS ARE SUBJECT TO CHANGE OUR ITEMS ARE PORK FREE





## FEBRUARY 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b> <b>Daily Lunch Specials</b> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Assorted Deli Sandwiches (Not Available on Monday)</li> <li>• Hummus Grab &amp; Go</li> </ul> Every Tuesday & Thursday Grab & Go Salad	<b>BURGER</b>	<b>CHICKEN</b>	<b>NEW YORK THURSDAY</b>	<b>PIZZA</b>
<b>Baked Penne</b> <b>Broccoli Trees</b> <b>Garlic Toast</b> <b>Salad Bar</b> Garden Greens	<b>100% Beef New York Hamburgers &amp; Cheeseburgers</b> <b>Fiesta Turkey Burgers</b> <b>New York French Fries</b> <b>Salad Bar</b> Burger Fruits	<b>Popcorn Chicken</b> <b>Mashed Potatoes with Gravy</b> <b>Mixed Vegetable Medley</b> <b>Salad Bar</b> Traditional	<b>NEW GOLDEN KRUST® Jamaican Beef Patty</b> <b>Brooklyn Baked Beans</b> <b>New York Cookie Treat</b> <b>Fresh New York Apples</b> <b>Salad Bar</b> Local New York	<b>Classic Cheese Pizza</b> <b>Meat Lovers Pizza</b> <b>Garlic Knot</b> <b>Marinara Sauce</b> <b>Roasted Chickpeas with Spaghetti Cilantro Pesto</b> <b>Salad Bar</b> Pizza Toppings
<b>Homemade Grilled Cheese</b> <b>Onion Rings</b> <b>Garlicky Green Beans</b> <b>Baked Tostitos® Scooped Salsa Cup</b> <b>Salad Bar</b> Garden Greens	<b>100% Beef Mushroom Swiss Burgers</b> <b>Turkey Burgers</b> <b>Sweet Potato Waffle Fries</b> <b>Salad Bar</b> Burger Fruits	<b>Crispy Chicken Waffle Sandwich</b> <b>Home Fries</b> <b>Creamed Spinach</b> <b>Salad Bar</b> Traditional	<b>PROMOTIONAL MEAL</b> <b>Hot Turkey Sandwich</b> served on Ciabatta Bread <b>New York French Fries</b> <b>Fresh New York Apples</b> <b>New York Cookie Treat</b> <b>Salad Bar</b> Local New York	<b>Classic Cheese Pizza</b> <b>BBQ Chicken Pizza</b> <b>Marinated Bean Salad</b> <b>Salad Bar</b> Pizza Toppings
<b>Baked Mozzarella Sticks</b> served with Marinara Sauce <b>Slow Roasted Carrots</b> <b>Frito-Lays® SunChips®</b> <b>Salad Bar</b> Garden Greens	<b>100% Beef New York Hamburgers &amp; Cheeseburgers</b> <b>Turkey Burgers</b> <b>New York French Fries</b> <b>Salad Bar</b> Burger Fruits	<b>Chicken Parmigiana</b> <b>Pastry Laritara</b> <b>Cheesy Broccoli</b> <b>Salad Bar</b> Traditional	<b>NEW GOLDEN KRUST® Jamaican Beef Patty</b> <b>Brooklyn Baked Beans</b> <b>New York Cookie Treat</b> <b>Fresh New York Apples</b> <b>Salad Bar</b> Local New York	
<b>Baked Penne</b> <b>Broccoli Trees</b> <b>Garlic Toast</b> <b>Salad Bar</b> Garden Greens	<b>100% Beef Hamburgers &amp; Cheeseburgers</b> <b>Fiesta Turkey Burgers</b> <b>French Fries</b> <b>Salad Bar</b> Burger Fruits	<b>Popcorn Chicken</b> Served with Mac-n-Cheese <b>Mixed Vegetable Medley</b> <b>Salad Bar</b> Traditional	<b>NEW GOLDEN KRUST® Jamaican Beef Patty</b> <b>Brooklyn Baked Beans</b> <b>New York Cookie Treat</b> <b>Fresh New York Apples</b> <b>Salad Bar</b> Local New York	

### OFFERED DAILY

**MILK**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Dipping Sauce Cups**  
BBQ Ranch  
Honey Mustard

**Fresh Fruit**

For Additional Flavors, Colors or sweeteners in all Schoolfood Products

**Dressings**  
Crisp Ranch  
Balsamic Vinaigrette  
Ranch  
Asian Sesame  
Honey Mustard  
Caesar  
French  
Italian Vinaigrette

**Flavor Station**  
Garlic Aioli  
Red Pepper Flakes  
Parmesan Cheese

Pink K. S.  
Szechuan Sauce

### ATTENTION:

All Pre-K Students CAN NOT be Offered CHOCOLATE MILK

ITEMS ARE SUBJECT TO CHANGE  
OUR MENUS ARE PORK FREE