



FEED YOUR MIND
www.schoolfoodnyc.org

FREE Lunch for All Students

MAY 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	<u>Fresh New York Bread Sticks Varieties</u> Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit

FRESH ATTITUDE WEEK MAY 6-10 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar
Banana Muffin Low O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upside Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Hot Cinnamon Knot Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
Assorted Muffins Low O'Lakes® Coby Cheese Stick 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Blueberry Muffin Low O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on a Buttermilk Biscuit 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Memorial Day	Fresh Fruit Bar	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upside Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Hot Cinnamon Knot Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
Banana Muffin Low O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
Milk 1%, Lowfat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack	Fresh Fruit Canned Fruit Popovers, Puffs, Pancakes	OFFERED DAILY 1/4 Additional Breads, sides or beverages in all School Food Products The K-8 Breakfast Menu	100% Fruit Juice Fresh Fruit Cream Cheese Breakfast Drink Sauce Ketchup, Hot Sauce, Dressing	Cold Cereal Choices Frosted Flakes Cinnamon Flakes Multi-Grain Cheerios Toasty Oats Back to the Roots® Giggle, Purple Corn Flakes & Cinnamon Cluster

ATTENTION: All Pre-K Students CAN NOT Be Offered CHOCOLATE MILK and Can Only Have JUICE on WEDNESDAYS

MEMBERS ARE SUBJECT TO CHANGE
OUR MENUS ARE FORK FREE

NYC **O.F.N.S.** **IF FOOD**



MAY 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Daily Lunch Specials • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches (Not available on Monday) • Hummus Grab & Go Every Tuesday & Thursday Grab & Go Salad	Popcorn Chicken Served with Mac-a-Cheese Corn, Peas & Carrots Salad Bar Traditional	NEW GOLDEN KRUST® Jamaican Beef Patty BBQ Beans New York Cookie Treat Fresh New York Apples Salad Bar Local New York	Classic Cheese Pizza Sausage, Onion & Pepper Pizza Honey Butternut Squash Salad Bar Pizza Toppings

FRESH ATTITUDE WEEK MAY 6-10 2019

Featured Grab & Go Salad Italian Veggie Pasta Salad	Featured Grab & Go Salad Chef Salad	Featured Grab & Go Salad Southwest Black Bean Cobb Salad	Featured Grab & Go Salad Caesar Salad	Featured Grab & Go Salad Tuna Salad
Homemade Grilled Cheese Onion Rings Garlicy Green Beans Baked Testhose® Scoops® Salsa Cup Salad Bar Garden Greens	Pizza Burgers Turkey Burgers Sweet Potato Waffle Fries Saled Bar Burger Fudn's	Chicken & Waffles Home Fries Creamed Spinach Saled Bar Traditional	Baked Beef Ravioli Roasted Zucchini Garlic Knot Fresh New York Apples New York Cookie Treat Saled Bar Local New York	Classic Cheese Pizza BBQ Chicken Pizza Marinated Bean Salad Saled Bar Pizza Toppings
Baked Mozzarella Sticks served with Marinara Sauce Brown Sugar Carrots Frito-Lay® SunChips® Saled Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers Turkey Burgers New York French Fries Saled Bar Burger Fudn's	Chicken Parmigiana Pasta Marinara Crispy Broccoli Saled Bar Traditional	Chicken Dumplings Served with Vegetable Fried Rice Teriyaki Green Beans New York Cookie Treat Fresh New York Apples Saled Bar Local New York	Classic Cheese Pizza Bacon & Sausage Pizza Roasted Chickpeas with Spinach Cilantro Pesto Saled Bar Pizza Toppings
Penne Pasta Baked in Cheese Sauce Broccoli with Garlic & Oil Toasted Garlic Bread Saled Bar Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burger with Salsa & Monterey Jack Cheese French Fries Saled Bar Burger Fudn's	Popcorn Chicken Mashed Potatoes with Gravy Corn, Peas & Carrots Saled Bar Traditional	NEW GOLDEN KRUST® Jamaican Beef Patty BBQ Beans New York Cookie Treat Fresh New York Apples Saled Bar Local New York	Classic Cheese Pizza Sausage, Onion & Pepper Pizza Honey Butternut Squash Saled Bar Pizza Toppings

Memorial Day Homemade Grilled Cheese Onion Rings Garlicy Green Beans Baked Testhose® Scoops® Salsa Cup Saled Bar Garden Greens	New York Beef Hamburgers & Cheeseburgers Turkey Burgers Sweet Potato Waffle Fries Saled Bar Burger Fudn's	Chicken & Waffles Home Fries Creamed Spinach Saled Bar Traditional	PROMOTIONAL MEAL Cheese Quesadilla Hot Cornflit® Corn Fresh New York Apples New York Cookie Treat Saled Bar Local New York	Classic Cheese Pizza BBQ Chicken Pizza Marinated Bean Salad Saled Bar Pizza Toppings
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OFFERED DAILY

Milk 1% Low-fat Fat Free Fat Free Chocolate	Dipping Sauce Cups BBQ Ranch Honey Mustard	Fresh Fruit 1/2 Additional Colors or variations in all School Food Products	Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	Flavor Station Grated Garlic Red Pepper Flakes Parmesan Cheese P.K.® Lunch Menu
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ATTENTION: All Pre-K Students Can Enjoy Offered CHOCOLATE MILK