

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Feb 3

WGR Chk Nuggets  
Whole Grain Bread  
Mixed Vegetables  
Apple  
1% Milk 8oz

Feb 4

wgr Ziti w/Cheese  
White Beans  
Prince Edward Veg  
Apple  
1% Milk 8oz

Feb 5

Chicken Lo Mein  
Whole Grain Bread  
Zucchini  
Orange  
1% Milk 8oz

Feb 6

Wgr Chicken Parmesan  
Green Beans  
Pear  
1% Milk 8oz

Feb 7

Tuna Salad  
Whole Grain Bread  
Diced Carrots  
Plums (2)  
1% Milk 8oz

Feb 10

wgr Chicken Fingers  
Italian Blend Veg  
Apple  
1% Milk 8oz

Feb 11

wgr Mac N' Cheese  
Green Beans  
Banana  
1% Milk 8oz

Feb 12

Salisbury Steak  
Whole Grain Bread  
Mashed Potatoes  
Pear  
1% Milk 8oz

Feb 13

Arroz con Pollo  
Carrots  
Orange  
1% Milk 8oz

Feb 14

wgr Cheese Pizza  
Mixed Vegetables  
Plums (2)  
1% Milk 8oz

Feb 17

WGR Chk Nuggets  
Whole Grain Bread  
Mixed Vegetables  
Apple  
1% Milk 8oz

Feb 18

Stuffed Shells  
White Beans  
Prince Edward Veg  
Apple  
1% Milk 8oz

Feb 19

Burger w/ WGR Bun  
Green Beans  
Fruit Cup  
1% Milk 8oz

Feb 20

LS Diced Chicken  
Brown Rice  
Italian Blend Veg  
Banana  
1% Milk 8oz

Feb 21

Tuna Salad  
Whole Grain Bread  
Diced Carrots  
Plums (2)  
1% Milk 8oz

Feb 24

wgr Chicken Fingers  
California Vegetable Blend  
Apple  
1% Milk 8oz

Feb 25

wgr Mac N' Cheese  
Green Beans  
Orange  
1% Milk 8oz

Feb 26

Gr. Chk Breast  
Brown Rice  
Green Beans  
Orange  
1% Milk 8oz

Feb 27

Italian Meatballs  
Tomato Sauce  
Italian Blend Veg  
Whole Grain Bread  
Apple  
1% Milk 8oz

Feb 28

wgr Cheese Pizza  
Mixed Vegetables  
Plums (2)  
1% Milk 8oz

Regina Caterers 6409 11th Ave Brooklyn, NY

This institution is an equal opportunity employer.

Jan 9, 2020