


March 2019

Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>BREAKFAST PRICES:</u> Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p><u>LUNCH PRICES:</u> Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p><u>ENTRES:</u> Elementary \$1.25 High \$1.50</p> <p><u>EXTRAS:</u> Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p><u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u></p>				<p>¹ French Toast w/Syrup or Assorted Cereal w/Toast Apple, Assorted Juices</p> <p>Chicken Nuggets White Beans w/Rice Lettuce w/Tomato Wedges Whole Wheat Roll Fruit Cocktail</p>



<p>11 Breakfast Pizza or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices</p> <p>Smoked Sausage Red Beans w/Rice Steamed Cauliflower Cornbread Chilled Peaches</p>	<p>12 French Toast w/Syrup or Assorted Cereal w/Toast Chilled Pineapple, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti Steamed California Vegetables Whole Wheat Roll Applesauce w/Gelatin</p>	<p>13 Cinnamon Roll Fruit Cocktail Assorted Juices</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Lima Beans Whole Wheat Roll Fruit Cocktail</p>	<p>14 Sausage Links Toast w/Jelly Pears, Assorted Juices</p> <p>Pizza Steamed Corn Steamed Carrots Blushing Pears Chocolate Chip Cookie</p>	<p>15 Chocolate Chip Muffin or Assorted Cereal w/Toast Fresh Fruit, Assorted Juices</p> <p>Fish Sticks Spaghetti & Cheese Seasoned Green Peas Whole Wheat Roll Chilled Pineapple</p>
<p>18 Pancakes or Waffles w/Syrup or Assorted Cereal w/Toast Pear Halves, Assorted Juices</p> <p>Hamburger w/Bun Baked Sweet Potato Wedges Pickle Slices, Steamed Corn Chilled Peaches Chocolate Chip Cookie</p>	<p>19 Donut or Assorted Cereal w/Toast Peaches, Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Coleslaw, Seasoned Green Beans Whole Wheat Roll Chilled Pears</p>	<p>20 Sausage Links Toast w/Jelly Fruit Cocktail, Assorted Juices</p> <p>Chicken Patty w/Bun Garden Salad Steamed Sliced Carrots Oranges Slices</p>	<p>21 Breakfast Pizza or Assorted Cereal w/Toast Pineapple, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti Steamed Broccoli Garden Salad Whole Wheat Roll Pineapple Tidbits</p>	<p>22 French Toast w/Syrup or Assorted Cereal w/Toast Apple, Assorted Juices</p> <p>Fish & Cheese w/Bun White Beans with Rice Lettuce w/Tomato Wedges Fruit Cocktail</p>
<p>25 Muffin or Assorted Cereal w/Toast Sliced Peaches, Assorted Juices</p> <p>Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding</p>	<p>26 Breakfast Pizza Applesauce Assorted Juices</p> <p>Baked Chicken Parsley Rice, Tossed Salad Seasoned Green Peas Whole Wheat Roll Chilled Pineapple w/Cherries</p>	<p>27 Sausage Biscuit or Assorted Cereal w/Toast Fruit Cocktail, Assorted Juices</p> <p>Meat Pie Baked Potato Wedges Lettuce/Tomato/Pickle Slices Steamed Broccoli, Fresh Apple Chocolate Chip Cookie</p>	<p>28 Pancake On A Stick w/Syrup or Assorted Cereal w/Toast Pears, Assorted Juices</p> <p>Turkey & Sausage Gumbo w/Brown Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail</p>	<p>29 French Toast Roll w/Syrup Fresh Fruit Assorted Juices</p> <p>Fish Sticks w/Bun Baked Sweet Potato Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears</p>

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