

# Keeping kids engaged while learning from home

- **Change your expectations**, meaning don't force your child to sit in front of a computer for hours at a time without a break.
- **Set up a learning area** inside your home.
- **Make a schedule** so your child knows what to expect.
- **Have a routine**, encouraging your child to wake up, shower, and eat breakfast.
- And, in some cases, **use a timer**.