

Things All School Teachers Wish Parents Knew

Kids really do need to read, read, read.....

If parents only knew just how important it is for their child to read, 30 minutes, every single day. It's not always possible but even a few nights a week are better than none. It is amazing the difference teachers see in a student's reading progress AND also their confidence when reading at home with your child from a real book (not tablet/smartphone/computer). It is noticeable when students read only at school and no more than that! Reading should not be 'homework.' It needs to be part of life. If you can't read you will struggle in all subjects.

Attending Back-to-School AND Parent Night can really help us both.....

It's not the same spiel every school year. Often, your child's new teacher will also have new policies and procedures to tell you about. If you miss out, you might not know grade level expectations curriculum and websites used, or learn strategies to help your child be successful. Stay in contact throughout the school year. You may request time to meet with your child's teacher any time through the school year, not just at parent-teacher conference time.

Teachers can tell if your child isn't getting enough sleep.....

Teachers are noticing that kids just don't have bedtimes or sleeping restfully like they used to (pre-electronic devices). If your child stays up too late watching TV, playing video games, or on the computer/tablet, that "blue light" over stimulates the brain and causes them not to sleep restfully (even if going to sleep at a decent hour). It is recommended that devices be powered down 1-2 hours before bedtime and stored away from their bedrooms.

If your child is having a bad morning (week or month), let the teacher know.....

You don't have to go into detail but it can make for an easier day if your child's teacher knows that he or she might be feeling a little bit off.