



## MARCH 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>			Yogurt Parfait	Blueberry Muffin
			Land O'Lakes® Cheddar Cheese Stick	Back to the Roots® Cinnamon Cluster
			Fresh New York Apples	Fresh Fruit
5	6	7	New York Thursday 8	9
Fruity Cheerios®	Sunshine Zucchini Loaf	Whole Grain Bagel with Cream Cheese & Jelly	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Croissant Served with Jelly
Honey Graham Crackers	Organic Stonyfield® Yogurt		Upstate Farms® Yogurt	Back to the Roots® Purple Corn Flakes
100% Apple Juice	Honey Roasted Sunflower Seeds	Fresh Fruit	Land O'Lakes® Mozzarella Cheese Stick	Fresh Fruit
	100% Fruit Juice		Fresh New York Apples	
12	13	14	New York Thursday 15	16
Sun Butter Cup	Honey Corn Muffin	Whole Grain Bagel with Cream Cheese & Jelly	Nature Valley™ Oats 'n Honey Granola Bar	Apple Cinnamon Muffin
Honey Graham Crackers Grape Jelly	Organic Stonyfield® Yogurt		Upstate Farms® Yogurt	Back to the Roots® Cinnamon Cluster
100% Fruit Juice	Served with Craisins & Granola	Fresh Fruit	Land O'Lakes® Colby Cheese Stick	Fresh Fruit
	100% Fruit Juice		Fresh New York Apples	
19	20	21	New York Thursday 22	23
Apple Cinnamon Cheerios®	Banana Muffin	Whole Grain Bagel with Cream Cheese & Jelly	Yogurt Parfait	Blueberry Muffin
Honey Graham Crackers	Organic Stonyfield® Yogurt		Land O'Lakes® Cheddar Cheese Stick	Back to the Roots® Cinnamon Cluster
100% Orange Tangerine Juice	Honey Roasted Sunflower Seeds	Fresh Fruit	New York Apple Slices	Fresh Fruit
	100% Fruit Juice			
26	27	28	New York Thursday 29	Spring Recess 30
Fruity Cheerios®	Sunshine Zucchini Loaf	Whole Grain Bagel with Cream Cheese & Jelly	Nature Valley™ Oats 'n Honey Granola Bar	Whole Grain Croissant Served with Jelly
Honey Graham Crackers	Organic Stonyfield® Yogurt		Upstate Farms® Yogurt	Back to the Roots® Purple Corn Flakes
100% Apple Juice	Honey Roasted Sunflower Seeds	Fresh Fruit	Land O'Lakes® Mozzarella Cheese Stick	Fresh Fruit
	100% Fruit Juice		Fresh New York Apples	

<p><b>MILK</b></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><b>Fresh Fruit</b></p> <p><b>Canned Fruit</b> Peaches, Pears, Pineapples</p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express / Breakfast in the Classroom Menu</p>	<p><b>Grab and Go Breakfast Pack</b></p>	<p><b>Cold Cereal Choices</b></p> <p>Frosted Mini W'heats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.