

Student Resources

All New York City students need access to teen-friendly, trusted health service providers and services to be healthy. During this period of remote learning, when school-based programs are not as readily available, consider visiting the websites below to find health information and local health services.

In New York State, young people under the age of 18 can consent to different types of confidential care, including but not limited to:

- Mental health counseling
- Alcohol and substance abuse counseling
- Sexual, reproductive and prenatal care
- Post sexual assault care
- Emergency medical care

Visit [New York Civil Liberties Union](#) for more information on minors' rights to confidential health care.

Generation NYC

[Generation NYC](#) is a free resource you can use to find services and programs in New York City, discover ways to stay connected and have fun while staying at home, and learn about various health topics. Click the images below for more information on the topics and related services.

Mental Health



Substance Use



LGBTQ Support



Sexual Health



Housing



Want information on healthy relationships and online safety?

[Love Is Respect](#) educates and empowers young people to prevent and end abusive relationships. Available 24/7. Call or text 1-866-331-947.

[TeensHealth from Nemours](#) provides young people with facts about health, including [online safety](#), body care, nutrition, and more.

Note: This document, curated by the NYC DOE Office of School Wellness Programs staff to meet remote learning needs in response to COVID-19, features free services and resources offered by various local and national organizations. Please note that some third parties may provide additional services, products and activities beyond what is listed, which have not been reviewed by NYC DOE. Inclusion of a third party's resources in this list is not a recommendation by NYC DOE of all the services, products, and activities that such party may make available. This is not an exhaustive list of comprehensive health education resources available to the public. We will continue to update this list, as needed. June 23, 2020.