

Mental Health & Social Services For NYC Youth

Helpful Phone Numbers & Hotlines

AIDS Hotline NYC
212-614-5552

Child Abuse Reporting NYS
800-637-1522

Children's Single Point of
Access (CSPOA)
888-277-6258

Coordinated Children's
Service Initiate
212-920-5334

Crime Victim's Board
212-577-7777

Domestic Violence Hotline
800-621-4673

Drug Abuse Hotline
800-522-5353

Food and Hunger Hotline
212-533-6100

Immigrant Hotline (NYC)
718-899-4000

LifeNet
800-LIFENET
Spanish
877-298-3373

Asian
877-990-8585
Deaf/Hearing Impaired
212-982-5284

NYC DYCD Youthline
800-246-4646

Rape & Sexual Assault
212-227-3000

Runaway Hotline
212-619-6984

Teen Pregnancy Hotline
(PCAP)
800-522-5006



- Toll-free and confidential Mental Health Information and Referral Line with access to Mobile Crisis Team
- Staffed by trained Social Workers 24 hours, 7 days per week, 365 days per year
- **1-800-LIFENET** (see column for languages)
- <http://www.800lifenet.org>
- <http://www.hitesite.org>

Children's Mobile Crisis Team

- Provides crisis assessment, crisis stabilization, prevention planning and care-giver support to children and teens who are experiencing a severe behavioral crises.
- Will see a youth in crisis ages 0 to 18 within 2 hours of request and make follow up visits.
- The VNSNY Crisis Team consists of licensed clinical staff with advanced degrees in counseling as well as family advocates.
- There are 3 teams covering Bronx and areas of Queens and Brooklyn.
- BX: 718-742-7106
- BK: 718-840-4903
- Q: 718-888-6663

Families on the Move, Inc. (FOTM)

- Up-to-date information and State-of-the-Art care and treatment
- Support to children and youth with emotional, behavioral and/or mental health challenges and their families
- Advocacy in the public forum comprehensive, coordinated, community-based, culturally-competent and family-driven services
- Training and educational forums to increase awareness and skills.
- State-wide Resource: **212-837-7905**

Children's Single Point of Access (CSPOA) 1-888-277-6258

- Children's SPOA is designed to improve access to intensive mental health services by creating a single point of entry to refer, link and coordinate services for family and youth who need high end services. Such services include:
 - Case management
 - Home/community based waiver
 - Children's ACT team
 - Community residence
 - Family based treatment

Parent's Resource Center

- Provide Parent-to-Parent Support
- Specially trained staff who are aware of problems families have with children with emotional/behavioral difficulties.
- Provide education, support and advocacy to parents.

- **Manhattan North:** 212-410-1820
- **Manhattan South:** 212-964-5253
- **Bronx North:** 718-220-0456
- **Bronx South:** 718-220-3868
- **Queens West:** 718- 651-1960
- **Queens East:** 347-644-5711
- **Brooklyn North:** 877-425-8133
- **Brooklyn South:** 347-394-5186
- **Staten Island:** 718-698-5307

Office of Safety First 718-543-7233

Follow-up resource if you are concerned about the progress of a child protective investigation or have an ongoing safety concern related to a case that you called into the State Central Register.

More information about school-based support for mental and behavioral health, contact:

Scott Bloom, LCSW,
Director of School Mental Health Services
SBloom5@schools.nyc.gov or **212-374-6846**

ADOLESCENT SKILL CENTER LOCATIONS

Bronx:

Mental Health Assoc. of NYC (MHA)

- Adolescent Skills Centers South & West: 718-292-7880 ext. 6148 (16-21 years old)

BROOKLYN:

Brooklyn Bureau of Community Service

- Adolescent Employment & Education Program (16-21 years): 718-566-0305 ext. 1100

QUEENS:

The Child Center of NY

- JobNet Youth Program (16-21 years): 347-571-2441 ext. 202

Mental Health Association of NYC

- Adolescent Skills Center (16-21 years): 646-738-5131

STATEN ISLAND

Staten Island Mental Health Society

- SafeTYnet9 Youth Achieving Independence: 718-984-6218

CITYWIDE

Mental Health Association of NYC

- Youth Employment Services: 212-254-0333 ext. 861

Resources for Youth with Mental Health and Behavior Disorders

Adolescent Skill Centers

- Provides adolescents (16-21 years old) with emotional and behavioral disorders educational remediation, GED prep and vocational training, coaching and placement
- Provides internships and opportunities for paid employment
- Teaches adolescents life management skills such as budgeting, socialization, etc.
- Referrals to be made directly to Skill Centers (*locations on the left*)

Online Resources & WebPages



National Community of Practice on Collaborative School Behavioral Health - The focus of the national community is bridging the differences across education and mental health to support youth. National organizations, state and local agencies, and technical assistance providers come together and define pressing problems in school behavioral health services. Log onto: www.sharedwork.org

NYC Teen campaign to engage teens dealing with depression, drugs and violence, and encourages them to seek help:

www.nyc.gov/teen

Department of Youth and Community Development—Search by zip code to find after school program near your school:

- http://www.nyc.gov/html/dycd/html/afterschool/neighborhood_development_area.shtml

School Mental Health: provides comprehensive information for clinicians, administrators, families and students.

- <http://www.schoolmentalhealth.org>

UCLA's Center for School Mental Health: training materials, printable resources and a technical assistance center

- <http://smhp.psych.ucla.edu/>

The Center for Health and Health Care in Schools: educates on mental health in schools

- <http://www.healthinschools.org/>

The Center for School Mental Health: technical assistance center and resources

- <http://csmh.umaryland.edu/>

The American Psychological Association's Help Center: printable info for parents and educators

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SBloom5@schools.nyc.gov or 212-374-6846