

ACCLAIM Academy

VIRTUD DEL MES: RESPETO

13 MAY 2013

VIRTUE OF THE MONTH: RESPECT

Moderación

Moderation

La **moderación** es un balance en la vida, entre el trabajo y los juegos, el descanso y el ejercicio. Significa hacer o tener suficiente de algo - ni mucho, ni poco, sino la cantidad adecuada para nuestros necesidades. Si estudiamos todo el tiempo o jugamos todo el tiempo, no estamos practicando la **moderación**. La **moderación** y la autodisciplina son necesarias para hacer buen uso de nuestro tiempo, para evitar los excesos y las carencias.

Soy moderado.

Me conformo con tener apenas lo necesario y agradezco el tenerlo.

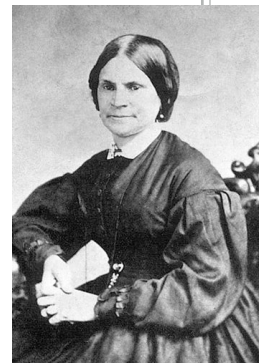
En mi vida hay un balance entre el trabajo y la diversión.

No caigo ni en los excesos ni en las privaciones, sino en lo que es apropiado para mí.

Moderation is creating balance in our lives between work and play, rest and exercise. It is having or doing enough of something - not too

much, not too little, but what is just right for us. If we study all the time or play all the time it is not being **moderate**. **Moderation** is being in charge of our time and using self-discipline to keep from doing too much or too little.

During an era of strict segregation Lydia Hamilton Smith, whose mother was a free black and father was Irish, became a trusted employee, friend and confidante to congressman and abolitionist Thaddeus Stevens. Initially a housekeeper, she mastered managing his household, staff, business and finances, allowing him to focus on pivotal equality legislation that came to change American society. The partnership provided Smith with the skills and contacts to become a successful businesswoman who would later own and manage several properties - an amazing feat at the time. After the Battle of Gettysburg, Lydia traveled by horse and wagon to area farms telling of the thousands of suffering soldiers. She accepted food and clothing donations for the wounded, went to the field hospitals, and distributed what she collected to Union and Confederate soldiers. When donations dried up, she used her own money.



Presentaciones de proyectos esta semana

Las presentaciones de proyectos para el cuarto período se llevarán a cabo esta semana. Estudiantes deben llegar a la escuela con uniforme y con tiempo. Estudiantes no pueden quedar en la escuela sin supervisión hasta la hora de su presentación. Así que, padres de familia, favor de recoger a sus hijos con tiempo o asegurar que vayan a casa en el camión y regresen a la escuela, con un pariente, para las 5:00.

lunes-5:00-6:00 Kinder, 3ro, 6to

martes-5:00-6:00 1ro, 4to, 7mo

miércoles-5:00-6:00 2do, 5to, 8vo



LIBROS BIBLIOTECARIOS Y

PRUEBAS DE LECTOR ACELERADO ESTA SEMANA

miércoles 5/15 - último día de sacar libros

jueves 5/15 - último día de tomar pruebas y día de devolver libros a la biblioteca

el próximo lunes-jueves colección para libros perdidos o dañados

Project Presentations This Week

Fourth quarter Project Presentations begin tonight. Students must be at school in uniform and on time. However, they may not wait at school unsupervised until their Presentation time. Parents, please pick your children up by 4:15 or ensure that they ride the bus home but are back at school, with a parent by 5:00.

Monday-5:00-6:00 Kinder, 3rd, 6th

Tuesday-5:00-6:00 1st, 4th, 7th

Wednesday-5:00-6:00 2nd, 5th, 8th

LIBRARY BOOKS AND AR QUIZZING THIS WEEK

Wednesday 5/15 - Last day of book check out

Thursday 5/16 - Last day for quizzing, all library books must be returned

Next Monday-Thursday collection for lost and damaged books