

ACCLAIM Academy

Newsletter

Serenidad

Peacefulness

La **serenidad** es un sentido de calma interior. Viene en los momentos quietos de la reflexión o del agradecimiento. La **serenidad** ayuda a resolver los conflictos sin ofender a la gente. Es ser justo a la gente y a sí mismo. La **serenidad** es cambiar el amor al poder, por el poder de amar. Con la **serenidad** todos salimos ganando.

**Soy una persona serena.
Uso palabras tranquilas y
encuentro soluciones
pacíficas para todos los
problemas.**

Peacefulness is an inner sense of strength. It comes in quiet moments of reflection or gratitude. It helps create a calm mind. It is a way of approaching conflict so no one is hurt. To find inner **peace**, we become very still and think thoughts of love and kindness. We observe the world around us seeing the beauty of nature and of people. If we feel a strong emotion, like anger, we observe it and think about how we can resolve the situation, instead of acting out in anger. When we are **peacemakers**, we use **peaceful** language. We talk things out and listen to other people. With **peace** in our hearts there is **peace** in the world.

Arn Chorn Pond

A survivor of the Cambodian genocide, Arn Chorn-Pond was a child when the Khmer Rouge overtook his Asian country. Losing most of his family to this military regime and imprisoned in a labor camp, he survived by playing the flute for his captors. In 1979 he was forced to fight the Vietnamese when they invaded Cambodia. Arn escaped into the jungle and was brought to the U.S. by an American refugee worker. By learning to speak about his horrific experiences as a child, Arn spreads a message of peace and love to young people.



Bienvenidos

Bienvenidos al año escolar 2013-2014. Estamos emocionados a ver y a conocer a todos los estudiantes. Estamos seguro de que este año será un año lleno de aprendizaje, de sobrepasar las dificultades, será un año de éxito.

El Boletín Semanal

En el Boletín Semanal familias pueden encontrar información importante. Cada familia puede escoger un estudiante quien será el responsable para llevar el boletín a casa cada lunes. En el boletín se puede encontrar información sobre fechas importantes y las virtudes de la semana que los estudiantes practican en la escuela.

Recibiendo el Boletín por email

Si le gustaría recibir el boletín por email favor de mandar un correo electrónico a Sra. Martínez al:

kalilamartinez@acclaimacademy.org

Incluye el nombre y grado de su hijo y una nota "Favor de mandar el Boletín Semanal por email."

Habrá clases este viernes

Será el tercer día de clases para todos los estudiantes

Welcome Back

Welcome to the 2013-2014 school year. All our school staff are excited to see returning students and meet students new to the school. We are sure it is going to be a year full of learning, a year of overcoming challenges, a year of success.

Weekly Newsletter

Important school information will be sent home weekly in the newsletter. Each family will receive one newsletter, sent home with the student courier. Read about and keep track of upcoming events and read about the Virtues of the Week students will be practicing at school.

Newsletter by Email?

If you would like to receive the newsletter by email please email Ms. Martínez at:

kalilamartinez@acclaimacademy.org

Include your student's name and grade with the note "Please send the weekly newsletter by email."

Classes this Friday

Third day of school for all students.