

# September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
	HAPPY LABOR DAY!	CHICKEN & RICE BOWL WITH CHEESE BROCCOLI	MEATBALL SUB CHIPS FRUIT	CHEESE QUESADILLA RICE CORN	PIZZA SALAD FRUIT	
8	9	10	11	12	13	14
	FRENCH TOAST STICKS SAUSAGE LINKS FRUIT	CHICKEN SANDWICH HASHBROWN GREEN BEANS	NACHOS WITH MEAT & CHEESE SALAD FRUIT	CHICKEN NUGGETS FRENCH FRIES CARROTS	PIZZA SALAD FRUIT	
15	16	17	18	19	20	21
	HAMBURGER OR CHEESEBURGER BUTTERED NOODLES CELERY STICKS	GRILLED CHEESE HOMEMADE CHICKEN NOODLE SOUP APPLE	CHEESE STUFFED BREADSTICKS SALAD FRUIT	CHEESE RAVIOLI DINNER ROLL SALAD	PIZZA SALAD FRUIT	
22	23	24	25	26	27	28
	HOT DOG MAC & CHEESE CORN	PANCAKES SAUSAGE PATTY FRUIT	NACHOS WITH MEAT & CHEESE SALAD FRUIT	CHICKEN SANDWICH TATER-TOTS GREEN BEANS	PIZZA SALAD FRUIT	
29	30					
	CHICKEN NUGGETS FRENCH FRIES FRUIT				DAILY ALTERNATE; GRILLED CHEESE OR PIZZA	<a href="mailto:prolunches@rcn.com">prolunches@rcn.com</a>