



SEPTEMBER 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
Labor Day 2	3	4	First Day of Classes 5	6
<p style="text-align: center;">Assorted Muffins</p> <p style="text-align: center;">Land O'Lakes® Colby String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Egg & Turkey Sausage on a Whole Wheat Bun</p> <p style="text-align: center;">Organic Stonyfield® Yogurt</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Tasty Waffles Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;">Cinnamon Twist</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
9	10	11	New York Thursday 12	13
<p style="text-align: center;">Assorted Loaves</p> <p style="text-align: center;">Land O'Lakes® Cheddar String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Cinnamon Burst Pancakes Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p style="text-align: center;">Yogurt Parfait</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;">Pillsbury® Mini Blueberry Waffles</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
16	17	18	New York Thursday 19	20
<p style="text-align: center;">Assorted Muffins</p> <p style="text-align: center;">Land O'Lakes® Mozzarella String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">Egg & Cheese with Turkey Sausage on an English Muffin</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Buttermilk Pancakes Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;">Cinnamon Crumble</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
23	24	25	New York Thursday 26	27
<p style="text-align: center;">Assorted Muffins</p> <p style="text-align: center;">Land O'Lakes® Colby String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">Egg & Turkey Sausage on a Whole Wheat Bun</p> <p style="text-align: center;">Organic Stonyfield® Yogurt</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Tasty Waffles Served with Syrup</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p>	<p style="text-align: center;">Cinnamon Twist</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>
Rosh Hashanah 30				
<p style="text-align: center;">Assorted Loaves</p> <p style="text-align: center;">Land O'Lakes® Cheddar String Cheese</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p>	<p style="text-align: center;">Fresh New York Bagel Stick Varieties</p> <p style="text-align: center;">Blueberry Cinnamon Raisin French Toast Plain</p>	<p style="text-align: center;"><u>Muffin Varieties</u></p> <p style="text-align: center;">Honey Corn Apple Cinnamon</p> <p style="text-align: center;"><u>Loaf Varieties</u></p> <p style="text-align: center;">Banana Blueberry</p>	<div style="text-align: center;">  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p> </div>	

<p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p>Grab and Go Breakfast Pack</p>	<p>OFFERED DAILY</p> <p><u>Seasonal Fresh Fruit</u></p> <p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p> <p>Pre-K - 8 Breakfast Menu</p>	<p><u>100% Fruit Juice</u></p> <p>Apple, Fruit Punch, Grape, Orange</p> <p><u>Breakfast Dipping Sauces:</u> Ketchup, Hot Sauce, Salsa</p>	<p><u>Cold Cereal Choices</u></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.