



## DECEMBER 2018: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
3	4	5	New York Thursday 6	7
<b>Honey Corn Muffin</b> Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Turkey Canadian Bacon, Egg &amp; Cheese</b> on a <b>Whole Grain Bagel</b> Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	<b>French Toast Dippers</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly <b>Upstate Farms® Yogurt Choice</b> 100% Fruit Juice <b>Fresh New York Apples</b>	<b>Cheese Omelet</b> English Muffin <b>Back to the Roots® Purple Corn Flakes</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit
10	11	12	New York Thursday 13	14
<b>Blueberry Muffin</b> Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Turkey Sausage Crumble, Egg &amp; Cheese</b> on <b>Ciabatta Bread</b> Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	<b>Cinnamon Burst Pancakes</b> Served with Syrup <b>Turkey Canadian Bacon</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly <b>Upstate Farms® Yogurt Choice</b> 100% Fruit Juice <b>Fresh New York Apples</b>	<b>Tasty Waffles</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Back to the Roots® Cinnamon Cluster</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit
17	18	19	New York Thursday 20	21
<b>Apple Cinnamon Muffin</b> Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Egg &amp; Turkey Sausage Sandwich</b> on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	<b>Buttermilk Pancakes</b> Served with Syrup <b>Turkey Canadian Bacon</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly <b>Yogurt Parfait</b> 100% Fruit Juice <b>New York Apple Slices</b>	<b>Cheese Omelet</b> <b>Hot Cinnamon Knot</b> <b>Back to the Roots® Purple Corn Flakes</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit
Winter Recess 24	Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28
<b>Honey Corn Muffin</b> Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	<b>Turkey Canadian Bacon, Egg &amp; Cheese</b> on a <b>Whole Grain Bagel</b> Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	<b>French Toast Dippers</b> Served with Syrup <b>Turkey Sausage Patty</b> <b>Spiced Oatmeal</b> 100% Fruit Juice Fresh Fruit	<b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> with Cream Cheese & Jelly <b>Upstate Farms® Yogurt Choice</b> 100% Fruit Juice <b>Fresh New York Apples</b>	<b>Cheese Omelet</b> English Muffin <b>Spiced Oatmeal</b> <b>Back to the Roots® Purple Corn Flakes</b> 100% Fruit Juice Fresh Fruit
Winter Recess 31				
<b>Blueberry Muffin</b> Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit			 <b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b>	

<b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack	<b>Fresh Fruit</b> <b>Canned Fruit</b> Peaches, Pears, Pineapples	<b>OFFERED DAILY</b> No Artificial flavors, colors, or sweeteners in all SchoolFood Products Pre-K - 8 Breakfast Menu	<b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange <b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa	<b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster
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**ATTENTION:**  
 All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.