



OCTOBER 2019: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
	Rosh Hashanah 1	2	New York Thursday 3	4
<p><i>Fresh New York Bagel Stick Varieties</i> Blueberry Cinnamon Raisin French Toast Plain</p> <p><i>Muffin Varieties</i> Honey Corn Apple Cinnamon</p> <p><i>Loaf Varieties</i> Banana Blueberry</p>	Fresh Fruit Bar	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Pillsbury® Mini Blueberry Waffles</p> <p>100% Fruit Juice Fresh Fruit</p>
	<p>Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>		<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>100% Fruit Juice Fresh New York Apples</p>	
7	8	Yom Kippur 9	New York Thursday 10	11
<p>Assorted Muffins</p> <p>Land O'Lakes® Mozzarella String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Buttermilk Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	<p>Cinnamon Crumble</p> <p>100% Fruit Juice Fresh Fruit</p>
	<p>Egg & Cheese with Turkey Sausage on an English Muffin</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>		<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	
Columbus Day 14	15	16	New York Thursday 17	18
<p>Assorted Muffins</p> <p>Land O'Lakes® Colby String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg & Turkey Sausage on a Whole Wheat Bun</p> <p>Organic Stonyfield® Yogurt</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Tasty Waffles Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Cinnamon Twist</p> <p>100% Fruit Juice Fresh Fruit</p>
	<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>			
21	22	23	New York Thursday 24	25
<p>Assorted Loaves</p> <p>Land O'Lakes® Cheddar String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Cinnamon Burst Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Pillsbury® Mini Blueberry Waffles</p> <p>100% Fruit Juice Fresh Fruit</p>
	<p>Egg & Cheese with Turkey Sausage on a Buttermilk Biscuit</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>		<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Yogurt Parfait</p> <p>100% Fruit Juice Fresh New York Apples</p>	
28	29	30	New York Thursday 31	
<p>Assorted Muffins</p> <p>Land O'Lakes® Mozzarella String Cheese</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	<p>Buttermilk Pancakes Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	Fresh Fruit Bar	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>
	<p>Egg & Cheese with Turkey Sausage on an English Muffin</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh Fruit</p>		<p>New York Bagel Thursday</p> <p>Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>100% Fruit Juice Fresh New York Apples</p>	

<p>Milk 1% Low-fat Fat Free Fat Free Chocolate</p> <p>Grab and Go Breakfast Pack</p>	<p>OFFERED DAILY</p> <p>Seasonal Fresh Fruit</p> <p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p> <p>Pre-K - 8 Breakfast Menu</p>	<p>100% Fruit Juice Apple, Fruit Punch, Grape, Orange</p> <p>Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p>	<p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.