



## OCTOBER 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>MEATLESS MONDAY</b>	<b>CHICKEN</b>	<b>CULINARY</b>	<b>NEW YORK THURSDAY</b>	<b>PIZZA</b>	
	Rosh Hashanah 1		New York Thursday 3		
<b>Daily Lunch Specials</b> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Tuna or Turkey Sandwich (Not available on Monday)	<b>NEW</b> <b>Baked Chicken Bites</b>  Garlicky Green Beans  Warm New York Dinner Roll  <i>Salad Bar</i> Traditional	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Turkey Burgers  Baked French Fries  Grab-n-Go Chopped Salad  <i>Salad Bar</i> Burger/Sandwich Fixin's	<b>NEW</b> <b>Teriyaki Chicken Dumplings</b>  Vegetable Rice  Orange Ginger Carrots  Fresh New York Apples  New York Cookie Treat Grab-n-Go Chopped Salad <i>Salad Bar</i> New York Local	<b>!!! PIZZA !!!</b>  Margherita Pizza  Green Garden Salad  <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad	
			Yom Kippur 9	New York Thursday 10	
	<b>Mac-n-Cheese</b>  Toasted Garlic Bread  Baked Broccoli  <i>Salad Bar</i> Garden Greens	<b>PROMO</b> <b>Stewed Chicken Thighs</b>  Rice & Beans  Sweet Plantains  <i>Salad Bar</i> Taco Bar	<b>NEW</b> <b>Baked Chicken Tenders</b> With Dipping Sauce  Baked Sweet Potato Waffle Fries  Baked! Tostitos® Scoops® Served with Salsa Cup  <i>Salad Bar</i> Traditional	<b>New York Beef Hamburgers &amp; Cheeseburgers</b>  Baked New York French Fries  Fresh New York Apples  Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	<b>!!! PIZZA !!!</b>  Chicken Ranch Pizza  Green Garden Salad  <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
	Columbus Day 14			New York Thursday 17	
	<b>Stuffed Shells</b> in Marinara Sauce  Fresh Broccoli with Garlic & Oil  Toasted Garlic Knot  <i>Salad Bar</i> Garden Greens	<b>NEW</b> <b>Peach BBQ Chicken Drumstick</b>  Honey Corn Muffin  Slow Roasted Carrots  <i>Salad Bar</i> Traditional	<b>BRUNCH</b> <b>Chicken &amp; Waffles</b>  Home Fries  Grab-n-Go Chicken Caesar Salad  <i>Salad Bar</i> Burger/Sandwich Fixin's Featuring Celery & Apple Salad	<b>NEW</b> <b>GOLDEN KRUST® Jamaican Beef Patty</b>  Roasted Zucchini  New York Cookie Treat  Fresh New York Apples  Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> New York Local	<b>!!! PIZZA !!!</b>  Assorted Toppings  Green Garden Salad  <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
				New York Thursday 24	
	<b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce  Roasted Fresh Broccoli & Cauliflower  Rold Gold® Hertzels  <i>Salad Bar</i> Garden Greens	<b>NEW</b> <b>Baked Chicken Bites</b>  Garlicky Green Beans  Warm New York Dinner Roll  <i>Salad Bar</i> Traditional	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Turkey Burgers  Baked French Fries  Grab-n-Go Chopped Salad  <i>Salad Bar</i> Burger/Sandwich Fixin's	<b>NEW</b> <b>Teriyaki Chicken Dumplings</b>  Vegetable Rice  Orange Ginger Carrots  Fresh New York Apples  New York Cookie Treat Grab-n-Go Chopped Salad <i>Salad Bar</i> New York Local	<b>!!! PIZZA !!!</b>  Margherita Pizza  Green Garden Salad  <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
			New York Thursday 31		
<b>Mac-n-Cheese</b>  Toasted Garlic Bread  Baked Broccoli  <i>Salad Bar</i> Garden Greens	<b>NEW</b> <b>Baked Chicken Tenders</b> With Dipping Sauce  Baked Sweet Potato Waffle Fries  Baked! Tostitos® Scoops® Served with Salsa Cup  <i>Salad Bar</i> Traditional	<b>PROMO</b> <b>Burrito Bowl</b>  Confetti Corn  <i>Salad Bar</i> Taco Bar	<b>New York Beef Hamburgers &amp; Cheeseburgers</b>  Baked New York French Fries  Fresh New York Apples  Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

### OFFERED DAILY

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Dipping Sauce Cups**  
BBQ, Ranch,  
Honey Mustard

**Fresh Fruit**

No Artificial flavors, colors,  
or sweeteners in all  
OFNS Products

**Dressings**  
Chipotle Ranch  
Balsamic Vinaigrette  
Ranch  
Asian Sesame  
Honey Mustard  
Caesar  
French  
Italian Vinaigrette

**Flavor Station**  
Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

Pre-K - 8  
Lunch Menu

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK