



OCTOBER 2018: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
1	2	3	New York Thursday 4	5
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Turkey Canadian Bacon, Egg & Cheese on a Whole Grain Bagel Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	French Toast Dippers Served with Syrup Turkey Sausage Patty 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cheese Omelet English Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
Columbus Day 8	9	10	New York Thursday 11	12
Blueberry Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
15	16	17	New York Thursday 18	19
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Egg & Turkey Sausage Sandwich on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice New York Apple Slices	Cheese Omelet Hot Cinnamon Knot Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
22	23	24	New York Thursday 25	26
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Turkey Canadian Bacon, Egg & Cheese on a Whole Grain Bagel Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	French Toast Dippers Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cheese Omelet English Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
29	30	Happy Halloween 31		
Blueberry Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

<p>Milk 1% Low-fat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack</p>	<p>OFFERED DAILY Fresh Fruit Canned Fruit Peaches, Pears, Pineapples</p>	<p>100% Fruit Juice Apple, Fruit Punch, Grape, Orange Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p>	<p>Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.