



SEPTEMBER 2018: Pre-K - 8 Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| JUMPSTART MONDAY | EGG SANDWICH | FROM THE GRIDDLE | NEW YORK THURSDAY | BAKERY FRESH |
| Labor Day 3 | 4 | First Day of Classes 5 | New York Thursday 6 | 7 |
| <p style="text-align: center;">Apple Cinnamon Muffin</p> <p style="text-align: center;">Land O'Lakes® Colby Cheese Stick</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">Egg & Turkey Sausage Sandwich on an English Muffin</p> <p style="text-align: center;">Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">Buttermilk Pancakes Served with Syrup</p> <p style="text-align: center;">Turkey Canadian Bacon</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center; background-color: #ff0000; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly</p> <p style="text-align: center;">Yogurt Parfait</p> <p style="text-align: center;">100% Fruit Juice New York Apple Slices</p> | <p style="text-align: center;">Cheese Omelet</p> <p style="text-align: center;">Hot Cinnamon Knot</p> <p style="text-align: center;">Back to the Roots® Purple Corn Flakes</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> |
| Rosh Hashanah 10 | Rosh Hashanah 11 | 12 | New York Thursday 13 | 14 |
| <p style="text-align: center;">Honey Corn Muffin</p> <p style="text-align: center;">Land O'Lakes® Cheddar Cheese Stick</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">Turkey Canadian Bacon, Egg & Cheese on a Whole Grain Bagel</p> <p style="text-align: center;">Organic Stonyfield® Yogurt</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">French Toast Dippers Served with Syrup</p> <p style="text-align: center;">Turkey Sausage Patty</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center; background-color: #4a7ebb; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p> | <p style="text-align: center;">Cheese Omelet</p> <p style="text-align: center;">English Muffin</p> <p style="text-align: center;">Back to the Roots® Purple Corn Flakes</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> |
| 17 | 18 | Yom Kippur 19 | New York Thursday 20 | 21 |
| <p style="text-align: center;">Blueberry Muffin</p> <p style="text-align: center;">Land O'Lakes® Mozzarella Cheese Stick</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center; background-color: #ff8c00; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread</p> <p style="text-align: center;">Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">Cinnamon Burst Pancakes Served with Syrup</p> <p style="text-align: center;">Turkey Canadian Bacon</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly</p> <p style="text-align: center;">Upstate Farms® Yogurt Choice</p> <p style="text-align: center;">100% Fruit Juice Fresh New York Apples</p> | <p style="text-align: center; background-color: #0070c0; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">Tasty Waffles Served with Syrup</p> <p style="text-align: center;">Turkey Sausage Patty</p> <p style="text-align: center;">Back to the Roots® Cinnamon Cluster</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> |
| 24 | 25 | 26 | New York Thursday 27 | 28 |
| <p style="text-align: center;">Apple Cinnamon Muffin</p> <p style="text-align: center;">Land O'Lakes® Colby Cheese Stick</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center; background-color: #ff0000; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">Egg & Turkey Sausage Sandwich on an English Muffin</p> <p style="text-align: center;">Organic Stonyfield® Yogurt Served with Craisins & Granola</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center;">Buttermilk Pancakes Served with Syrup</p> <p style="text-align: center;">Turkey Canadian Bacon</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> | <p style="text-align: center; background-color: #000080; color: white;">Fresh Fruit Bar</p> <p style="text-align: center;">New York Bagel Thursday</p> <p style="text-align: center;">Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly</p> <p style="text-align: center;">Yogurt Parfait</p> <p style="text-align: center;">100% Fruit Juice New York Apple Slices</p> | <p style="text-align: center;">Cheese Omelet</p> <p style="text-align: center;">Hot Cinnamon Knot</p> <p style="text-align: center;">Back to the Roots® Purple Corn Flakes</p> <p style="text-align: center;">100% Fruit Juice Fresh Fruit</p> |
|  <p style="text-align: center;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | | | | |

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| <p style="text-align: center;">Milk</p> <p style="text-align: center;">1% Low-fat Fat Free Fat Free Chocolate</p> <p style="text-align: center;">Grab and Go Breakfast Pack</p> | <p style="text-align: center;">Fresh Fruit</p> <p style="text-align: center;">Canned Fruit Peaches, Pears, Pineapples</p> | <p style="text-align: center;">OFFERED DAILY</p> <p style="text-align: center;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Pre-K - 8 Breakfast Menu</p> | <p style="text-align: center;">100% Fruit Juice Apple, Fruit Punch, Grape, Orange</p> <p style="text-align: center;">Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa</p> | <p style="text-align: center;">Cold Cereal Choices</p> <p style="text-align: center;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p> |
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.