



NOVEMBER 2018: Pre-K - 8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH	
			New York Thursday 1	2	
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	
5	Election Day 6	7	New York Thursday 8	9	
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage Sandwich on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice New York Apple Slices	Fresh Fruit Bar Cheese Omelet Hot Cinnamon Knot Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	
Veterans Day 12	13	14	New York Thursday 15	16	
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Canadian Bacon, Egg & Cheese on a Whole Grain Bagel Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar French Toast Dippers Served with Syrup Turkey Sausage Patty Spiced Oatmeal 100% Fruit Juice Fresh Fruit	Fresh Fruit Bar New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cheese Omelet English Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	
19	20	21	Thanksgiving Day 22	Thanksgiving Break 23	
Blueberry Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Turkey Sausage Crumble, Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Tasty Waffles Served with Syrup Turkey Sausage Patty Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	
26	27	28	New York Thursday 29	30	
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Turkey Sausage Sandwich on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Turkey Canadian Bacon Spiced Oatmeal 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice New York Apple Slices	Cheese Omelet Hot Cinnamon Knot Back to the Roots® Purple Corn Flakes Spiced Oatmeal 100% Fruit Juice Fresh Fruit	
Milk 1% Low-fat Fat Free Fat Free Chocolate Grab and Go Breakfast Pack		Fresh Fruit Canned Fruit Peaches, Pears, Pineapples		OFFERED DAILY No Artificial flavors, colors, or sweeteners in all SchoolFood Products Pre-K - 8 Breakfast Menu	100% Fruit Juice Apple, Fruit Punch, Grape, Orange Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.